



# Christian Counseling



# Christian Counseling

**a workbook**

by

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To be used in conjunction with,  
“PRACTICAL COUNSELING PRINCIPLES FOR CHRISTIANS”

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# Introduction



## **The Need for Christian Counseling.**

The other day while reading *The Baptist Preacher* (pub. By the Baptist Bible Tribune) in the article giving the findings from the “1998 Pastor’s Survey,” I came across an interesting fact. The survey showed that, “The highest number of responses to the weakness question, approximately one-third or 34%, indicated that their single greatest need to be effective in the ministry was improvement in this area.” That area was in personal work, including visitation, soul-winning and counseling. In my own ministry I have personally felt the need for improvement in this area of personal work.

In the matters of soul-winning and visitation I find that, in my case and I think in the case of most preachers that I know that have problems in these areas, it is not a matter of a lack of training, most of us have had adequate amounts of that; so that leaves but one solution that I can see and I call that solution, “GOYB.” To be blunt that means, GET OFF YOUR (ahem) BACKSIDE! It’s not a matter of a lack of training it usually is a matter of a lack of DOING!

Counseling, on the other hand is an area where most Baptist preachers and workers suffer from a woeful lack of proper training. When you leave this class you will not be a polished counselor, but, you will have some practical approaches as to how to help people with many of the typical problems faced by people in general.

There are three things that you will need to be a good pastor and a good counselor. Whether you are a pastor or a Sunday school teacher or some other kind of worker in the church, these same three things are what you will need to be a good servant of God when He calls upon you to counsel one of His people.

Those three things are: **Wisdom, Love, and the Power of the Holy Spirit.**

If you pray and ask God to give you these three things, and then you USE THEM when God gives them to you, then you will be equipped to counsel God’s people. Your most useful tool will be your Bible; and your success as a counselor will increase in proportion to how well you give and teach the counselees to seek and implement God’s answers to their problems.

*Dr. VBK - Ogden, UT - 8/17/98*

# The Counselor



**“Selfishness kills compassion.”**

-Dr. Lee Roberson

# Wisdom



According to Dr. Owens, “Wisdom is the ability to see life through the eyes of \_\_\_\_\_.”

(“Ref.” means the Scripture reference.)

1. How often should a counselor seek wisdom? \_\_\_\_\_ Ref. \_\_\_\_\_

2. Give me two sources from which wisdom can be obtained.

\_\_\_\_\_ Ref. \_\_\_\_\_

\_\_\_\_\_ Ref. \_\_\_\_\_

3. What are four ways that we should consciously seek God’s wisdom.

A. \_\_\_\_\_ Ref. \_\_\_\_\_

B. \_\_\_\_\_ Ref. \_\_\_\_\_

C. \_\_\_\_\_ Ref. \_\_\_\_\_

D. \_\_\_\_\_ Ref. \_\_\_\_\_

4. Give me 10 ways by which we can know if we have God’s wisdom.

A. \_\_\_\_\_ Ref. \_\_\_\_\_

B. \_\_\_\_\_ Ref. \_\_\_\_\_

C. \_\_\_\_\_ Ref. \_\_\_\_\_

D. \_\_\_\_\_ Ref. \_\_\_\_\_

E. \_\_\_\_\_ Ref. \_\_\_\_\_

F. \_\_\_\_\_ Ref. \_\_\_\_\_

G. \_\_\_\_\_ Ref. \_\_\_\_\_

H. \_\_\_\_\_ Ref. \_\_\_\_\_

I. \_\_\_\_\_ Ref. \_\_\_\_\_

J. \_\_\_\_\_ Ref. \_\_\_\_\_

# Counseling



## Its Importance.

***Counseling should be done properly.***

When people receive counsel from you they should feel as if it came straight from God. The only way they can be assured of that is if the counselor reads and rereads His book.

***One of the best examples of a Bible counselor was \_\_\_\_\_.***

***Everyone should have a cabinet of counselors.***

Name 7 people that should be on every persons cabinet of counselors.

- |          |            |
|----------|------------|
| A. _____ | Ref. _____ |
| B. _____ | Ref. _____ |
| C. _____ | Ref. _____ |
| D. _____ | Ref. _____ |
| E. _____ | Ref. _____ |
| F. _____ | Ref. _____ |
| G. _____ | Ref. _____ |

***Bad counsel brings \_\_\_\_\_.*** Ref. \_\_\_\_\_

***We are not to counsel with a \_\_\_\_\_ or \_\_\_\_\_ person.***

Four refs. \_\_\_\_\_

***Give me four references that show that a person's own counsel alone will \_\_\_\_\_ suffice.***

\_\_\_\_\_

The pastor is supposed to be capable of counseling. He is supposed to make sure he is educated enough to counsel wisely; therefore, he should be well-educated in the \_\_\_\_\_



# Counseling



## **The Counselor Preparing Himself To Counsel God's People**

Dr. Evans gives 20 ways that counselors can prepare themselves to counsel God's people.

1. *Every counselor needs to seek counsel for \_\_\_\_\_.* Ref. \_\_\_\_\_  
Because he will remember to use it later to counsel others.
2. *Every counselor needs to constantly beg God for \_\_\_\_\_.* Ref. \_\_\_\_\_
3. *Every counselor should go \_\_\_\_\_.* Ref. \_\_\_\_\_
4. *Every counselor needs to read and be knowledgeable about \_\_\_\_\_ Subjects.*  
Give me books every counselor should be familiar with: Ref. \_\_\_\_\_
  - A. \_\_\_\_\_
  - B. \_\_\_\_\_
  - C. \_\_\_\_\_
  - D. \_\_\_\_\_
  - E. \_\_\_\_\_
  - F. \_\_\_\_\_
5. *Every counselor should think about the person and his situation \_\_\_\_\_  
counseling with him.*
6. *Every counselor should pray for wisdom \_\_\_\_\_ every counseling session.*
7. *Every counselor should hear out the person \_\_\_\_\_ giving his counsel.*
8. *In two-party situations, listen to \_\_\_\_\_ sides before giving advice.* Ref. \_\_\_\_\_
9. *Every counselor needs to \_\_\_\_\_ to his people's needs.* Ref. \_\_\_\_\_

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**10. A counselor may often need to say, “May I talk to you \_\_\_\_\_ and \_\_\_\_\_.**

Immediately answer the simple questions with a simple answer.

**11. A wise counselor will use the \_\_\_\_\_.**

**12. A counselor should not schedule a requested appointment for the same day unless it is a \_\_\_\_\_.** Ref. \_\_\_\_\_

*In a marital disagreement wait \_\_\_\_\_ days to let the situation cool down.*

**13. Do \_\_\_\_\_ counsel someone who says they have already received Bible counsel from a good Christian authority.** Ref. \_\_\_\_\_

Counsel hopping will only confuse people.

**14. Every counselor should constantly claim wisdom.** Ref. \_\_\_\_\_

**15. Every counselor should prepare for counseling.**

Give the ways a counselor can prepare himself.

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**16. Prepare yourself to understand that you \_\_\_\_\_ solve a person’s problems without that person’s help.**

**17. Every counselor must prepare to weep.**

**18. Prepare yourself to be criticized for some of your principles.**

**19. Be prepared to walk alone.**

**20. Be prepared to be unprepared.**

No one has all of the answers. Be prepared for a new situation that you do not have an answer for; because it WILL COME. Tell the person you will pray about it and then seek advice from other counselors and, of course, from the Bible, as to how to properly resolve the person’s problem.

**Prepare daily- always be prepared.**

# Counseling



## **The Counselor Personally Seeking Counsel**

Everybody needs personal counseling at one time or another, even the counselor.

### *Guidelines*

1. *Never seek counsel from church members about \_\_\_\_\_.*
2. *It is acceptable to seek counsel from a church member about some \_\_\_\_\_.*
3. *Don't regularly seek counsel from the same person.*  
Have a cabinet of counselors. If you have only one counselor to go to then you will be paralyzed if that person is unavailable.
4. *Read biographies.* Ref. \_\_\_\_\_  
Absorb the character of great men; but not their doctrine as many of them have promoted false doctrine.  
Three ways to gain wisdom:
  - A. **Other wise men.** Ref. \_\_\_\_\_
  - B. **The hardships of life.** Ref. \_\_\_\_\_
  - C. **The Word of God.** Ref. \_\_\_\_\_
5. *A counselor cannot trust the confidentiality of \_\_\_\_\_ In the world.*  
Ref. \_\_\_\_\_
6. *Without divulging names, seek counsel from your children about how to counsel other children; and teens about teens.* Ref. \_\_\_\_\_
7. *Seek professional counsel only from someone more \_\_\_\_\_ in his same field of expertise.* Ref. \_\_\_\_\_
8. *Don't seek counsel from your wife unless it is in her field of expertise and you plan to \_\_\_\_\_ her advice.* Ref. \_\_\_\_\_
9. *Don't bring problems home to your wife.* Ref. \_\_\_\_\_  
She is a gift from God. Protect her and your home from outside burdens. Make your home your castle, your wife your queen, and you are the king. She was not built to carry the burdens that you can carry so don't bring them home to her.
10. *Do not share your burdens with anyone just to get \_\_\_\_\_.*

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Ref. \_\_\_\_\_ Take yours to God- let your people bring theirs to you.

**11. Don't let your burdens become \_\_\_\_\_ to the people.** Ref. \_\_\_\_\_

**12. Do not share \_\_\_\_\_ letters- publicly or privately.**

Ref. 1 \_\_\_\_\_ Ref. 2 \_\_\_\_\_

**13. The pastor should seek \_\_\_\_\_ concerning how to counsel difficult cases.**

Ref. \_\_\_\_\_

**14. Learn to counsel with yourself.** Ref. \_\_\_\_\_

**15. A counselor needs to learn to counsel \_\_\_\_\_ about depression.**

Keep a regular routine. There is security in rhythm- a regular schedule.

**16. Plan a time for \_\_\_\_\_.** Ref. \_\_\_\_\_

Not only for those you are counseling; but also for your own burdens.

**Remember- you need to seek counsel for yourself  
so that you will be better able to help others.**

# Counseling



## The Power of the Holy Spirit

**Lk 4:18** The Spirit of the Lord [is] upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised

**Eph 5:18** And be not drunk with wine, wherein is excess; but be filled with the Spirit;

“Without the Holy Spirit’s guidance and fullness in his life, the counselor will fail at achieving the kind of success that God wants him to experience as a counselor. Therefore, a counselor should often ask God for His Holy Spirit’s power.

1. *God wants to pour our His \_\_\_\_\_ upon His man.* Ref. \_\_\_\_\_
2. *The anointing of the Holy Spirit \_\_\_\_\_ equips one for counseling or any task done for God.* Ref. \_\_\_\_\_
3. *Yield to the Spirit and the anointing will be made \_\_\_\_\_ to you.*  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
4. *The power of the Holy Spirit is, in a sense, God making His \_\_\_\_\_ available to a person so that that person might do any task that He appoints him to do.*  
Ref. \_\_\_\_\_
5. *Being filled with the Spirit helps a counselor in his ministry of \_\_\_\_\_ people.*  
Ref. \_\_\_\_\_
6. *The Holy spirit will \_\_\_\_\_ lead the counselor contrary to the Word of God.*  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
7. *Ask God that both yourself and the one you are counseling be \_\_\_\_\_ with the Spirit.* Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

8. *Realize that the freedom from the bondage of sin desired by the counselee may be found only through the guidance of the Holy Spirit.* Ref. \_\_\_\_\_
9. *The wise counselor will \_\_\_\_\_ beg God for the power of the Holy Spirit.*  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

Because God is omniscient, He alone knows everything. Without the power of the Holy Spirit details will go unseen by the human eye; but with the help and direction of the Holy Spirit, you can lead people to more successful Christian lives.

# Counseling



## Character

I Ki 3:16-28 recounts the story of two harlots who were intelligent enough to seek counsel from a man of God.

In regards to his/her character, a person who seeks counsel will benefit in two ways:

1. He will receive direction for developing \_\_\_\_\_.
2. He will learn how **not** to \_\_\_\_\_.

### Principles to help the counselor to be open for counsel.

1. *The counselor should not be guilty of never seeking* \_\_\_\_\_. Ref. \_\_\_\_\_  
Some Christians never seek counsel for two main reasons:
  - A. He plans to counsel \_\_\_\_\_. This is not wise nor adequate.  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
  - B. He feels that if he asks for help, his weaknesses will be revealed and held against him.  
In actuality the person who seeks and follows counsel is \_\_\_\_\_ qualified to lead than before he sought counsel.  
The only Person who needs no counsel is \_\_\_\_\_. Ref. \_\_\_\_\_
2. *A counselor should not be guilty of seeking* \_\_\_\_\_ *counsel.* Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
3. *Seek counsel from a wise person as* \_\_\_\_\_ *as necessary.*  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
4. *A person who has no character has no counsel to offer and will find few people who will* \_\_\_\_\_ *him.*
5. *A counselor with no character may have good sense and may talk a good talk, but he* \_\_\_\_\_ *walk a good walk.*
6. *Develop you own personal character for the sake of* \_\_\_\_\_ *and the* \_\_\_\_\_ *you plan to help.* Ref. \_\_\_\_\_

Proverbs 11:14a

“Where no counsel is, the people fall...”

# Counseling



## **The Counselor's Office Decor, Manner, and Procedures**

1. *Your office should be decorated in \_\_\_\_\_ taste and look \_\_\_\_\_.*  
Your wife or a professional decorator may be a good choice for help and counsel in this area.
2. *When possible, have \_\_\_\_\_ seating arrangements- formal and relaxed.*
3. *Have a comfortable waiting room.*
  - A. **Good \_\_\_\_\_ material.**  
A KJV Bible and other Christian literature.  
Do not have secular material such as sports magazines as it is impossible to regulate their contents.
  - B. **Promotional items.**  
Do not include old, dated material.
  - C. **A bowl of wrapped candy.**
  - D. **Little \_\_\_\_\_.**  
Mind teasers, etc.
  - E. **Comfortable seating.**
  - F. **Pictures or photographs.**
  - G. **Air-conditioning.**  
Also well heated for winter.
  - H. **Carpeting.**
4. *For an appointment with a businessperson.*  
Extra things can be done.
5. *Deal with professional people with extra care.*
  - A. **Start an appointment \_\_\_\_\_ on time.**
  - B. **Be interested in him as a \_\_\_\_\_.**
  - C. **A professional needs to know that you are a busy person just as he is.**  
If you are lazy as a pastor they will not be faithful to the church you pastor.
  - D. **Learn all you can about the professional person.**  
Know where his office is, the name of his business, maybe some of his business associates. You can use the information to make small talk.



**E. Don't schedule appointments with them on a \_\_\_\_\_ basis.**

They will eventually see the situation as careless.

**F. Ask him about family and business needs and if you can \_\_\_\_\_ for him.**

It may not be wise to witness to him the first time he is in your office, he may view you as a pushy salesperson.

**G. Make sure you have everything on hand needed for the appointment.**

Think through the appointment and prepare for it. He will look on you with disdain if you have to keep leaving to get paper, pencils, files, phone numbers, etc.

Use "\_\_\_\_\_ maintenance" instead of "\_\_\_\_\_ maintenance."

**H. Be careful to not be to \_\_\_\_\_ with the professional.**

Don't use humor as a "sales pitch;" instead try to become their friend.

**I. When the appointment is finished escort him to the door and to his \_\_\_\_\_.**

**J. Let other people know who the business person is.**

Introduce him to your staff, etc.

**K. Write the person immediately.**

Thank them for coming to the appointment.

**L. Learn their \_\_\_\_\_ and use it during the conversation.**

**M. When shaking hands, shake hands like a \_\_\_\_\_.**

**6. Have good lighting in your office.**

**7. Have an openable window or air-conditioning to prevent \_\_\_\_\_.**

**8. Have a few conversation pieces in your office.**

These can be used for casual conversation to relax the counselee.

Suggested pieces:

**A. A family picture.**

**B. A picture of your wife.**

**C. Other pictures.**

Pictures of heroes, teams, seasonal scenes, etc.

**9. Have \_\_\_\_\_ available. Ref. \_\_\_\_\_**

**10. Choose carefully where to \_\_\_\_\_.**

Have two seating arrangements, one business and one relaxed. Start in the formal and then and then change to the informal- as need dictates.

**11. Choose carefully \_\_\_\_\_ to sit.**

Sit straight and tall. If you are a man, sit like one.

**12. Be careful about the \_\_\_\_\_ in the office.**

**13. Your desk should look used, but not \_\_\_\_\_.**

**14. Have a \_\_\_\_\_ visible at all times.**

It should be visible from wherever you sit so you can check the time without being obvious.

**15. Learn to stay on \_\_\_\_\_.**

**16. Have personal office supplies.**

**Suggestions:** Breath freshener, hair spray, dental supplies, an extra suit of clothing, lint brush, shoe polish, comb, fingernail clippers, antiperspirant, washcloth, soap and towel, shaving supplies.

# Counseling



## The Counselor's Wardrobe and Grooming

### I Cor 14:40

**Let all things be done decently and in order.**

A counselor should show concern for his own wardrobe, as well as his personal grooming habits. "Your walk talks and your talk talks, but your walk talks louder than your talk talks." (Dr. Wendell Evans, president of Hyles-Anderson college.)

1. *To dress well is to represent \_\_\_\_\_ well.*
2. *Give much \_\_\_\_\_ to the planning and preparation of your wardrobe.*
3. *Ask God to help in this area.*  
\_\_\_\_\_ for your clothing.
4. *You do not need to spend large amounts of \_\_\_\_\_ to look nice.*  
Buy classic and basic clothing, i.e., clothing that will not go out of style, such as a basic black suit.
5. *If you are younger, wear suits as opposed to coordinates.*  
They will give you a look of maturity. Dark colors add a look of maturity.  
Dress conservatively.
6. *Be concerned about your attire.*  
Give me 6 articles you should include in a basic wardrobe.

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7. *Be concerned about your personal hygiene.*  
Cleanliness is \_\_\_\_\_. *Give me five areas of concern:*

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**8. *Be concerned about your accessories and how they complement your appearance.***

**Name five types of accessories to be concerned about:**

\_\_\_\_\_

\_\_\_\_\_

People watch the man of God, he is to be an example.

**II Cor 3:2 Ye are our epistle written in our hearts, known and read of all men:**

Our church members and our family want to be proud of us.

**Most of all, we represent a King, and we should look like royalty as His ambassadors.**

**II Cor 5:20 Now then we are ambassadors for Christ ...**

# Counseling



## Hope

**Ps 31:24**

**Be of good courage, and he shall strengthen  
your heart, all ye that hope in the LORD**

**Pr 13:12**

**Hope deferred maketh the heart sick: but  
[when] the desire cometh, [it is] a tree of life.**

**Ro 15:13**

**Now the God of hope fill you with all joy and  
peace in believing, that ye may abound in  
hope, through the power of the Holy Ghost**

You must give the counselee hope, that is what they came for. To be like God you must abound with hope.

- 1. Teach them that there is no problem so \_\_\_\_\_ in God's will that He cannot solve it.  
Ref. \_\_\_\_\_*
- 2. Tell them that God never \_\_\_\_\_ anyone.  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_*
- 3. No matter what happens to the saved person here, they have a wonderful \_\_\_\_\_  
awaiting them. Ref. \_\_\_\_\_*
- 4. If they pray and get God \_\_\_\_\_ in their problems, He can work in a super -  
natural way. Ref. \_\_\_\_\_*
- 5. People sleep better if they are offered \_\_\_\_\_. Ref. \_\_\_\_\_*
- 6. Giving hope to another is an expression of \_\_\_\_\_. Ref. \_\_\_\_\_*
- 7. If you cannot find hope in one area of their life, seek to tell him of hope in another  
area of his life.*

**8. Any person who has the privilege to influence another should include an element of hope.**

Many avenues are available to teach about having hope- a desire accompanied by expectation.

- A. \_\_\_\_\_ should teach children to have hope.
- B. \_\_\_\_\_ should teach hope in class.
- C. \_\_\_\_\_ should preach and teach hope.
- D. A \_\_\_\_\_ should give his wife hope.
- E. A \_\_\_\_\_ should give here husband hope.
- F. The \_\_\_\_\_ should share hope with the lost.
- G. In counseling sessions, we should be sure to give the wonderful \_\_\_\_\_ of hope.

**9. If you personally have no person to offer you hope, claim it for yourself from God.**

All true hope comes from God and does not \_\_\_\_\_ human intervention.

Ref. \_\_\_\_\_

**10. Hope is a positive \_\_\_\_\_.**

We do not have to sorrow as others who have no hope of Heaven and no hope of spending eternity with Jesus. Ref. \_\_\_\_\_

**A wise counselor will help a person expect \_\_\_\_\_ things as a result of doing God's will for his life.**

# Counseling



## The Importance of Patience

Jas 1:4 “But let patience have [her] perfect work...”

“Let the cup of your mind be filled with thought before emptying into your mouth to spit out a decision.”

1. Gain an understanding of the Bible \_\_\_\_\_ of “mature.”

Mature means \_\_\_\_\_.

2. Realize that time will mature decisions.

3. Realize time will make decisions for you.

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

4. Learn to request more \_\_\_\_\_ to make your decision.

If you can't confidently make the decision- ask for more time.

5. Exercise patience in decision making.

These 11 “Be’s” are areas for you to exercise extra caution in making decisions.

A. Be patient \_\_\_\_\_.

B. Be patient \_\_\_\_\_.

C. Be patient \_\_\_\_\_.

D. Be patient \_\_\_\_\_.

E. Be patient \_\_\_\_\_.

F. Be patient \_\_\_\_\_.

G. Be patient \_\_\_\_\_.

H. Be patient \_\_\_\_\_.

I. Be patient \_\_\_\_\_.

J. Be patient \_\_\_\_\_.

K. Be patient \_\_\_\_\_.

6. Decide \_\_\_\_\_ what is right and then act upon it without \_\_\_\_\_ and with \_\_\_\_\_.

Jas 5:11 \_\_\_\_\_  
\_\_\_\_\_

# Counseling



## Thoughts

**Pr 22:17**

**Bow down thine ear, and hear the words of the wise, and apply thine heart unto my knowledge.**

Give me 4 “thoughts” from this section that seem the most useful to you.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
4. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



# Counseling Guidelines



“We live in a confused world - a world of nervous breakdowns, a world of divorce, a world of juvenile frustrations, a world of dope addiction, a world of alcoholic beverages, and many other things that lead to frustration, unhappiness, and discontentment. This means that the average pastor who loves his people must spend hours in counseling with them.”

Dr. Jack Hyles

# Counseling



## Different Types and Descriptions

In the Bible, many words are used to describe counseling.

*Give me 12 descriptive words and their references.*

Words	Refs.

Words	Refs.

The counselor will counsel people with many different types of problems.

*Give me 21 types of counseling and tell me if each is “Best- B” “Not Best- NB” or “should NOT be done- N.”*

Types	B, NB, N	Types	B, NB, N

# Counseling

## Three Different Types of People Who Seek Counsel

### THREE BIBLICAL CLASSIFICATIONS OF PEOPLE

1. *The \_\_\_\_\_ man.* This person wants to live according to the Bible. He seeks for Bible principles and then applies them to his life and lives them.  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
2. *The \_\_\_\_\_ man.* The simple person does not know how God wants him to live. He doesn't live right merely because he doesn't know how. His life has not yet been permanently etched by sin; he is still moldable.  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Learn to tell the difference between a true rebel and a simple man. Don't drive the simple into foolishness by coming down on them like a true rebel who is a foolish man.
3. *The \_\_\_\_\_ man.* The foolish person rejects, hates, and runs from doing right. Don't spend time arguing with a fool- spend your time with those who come to you for help, i.e., with those who want to learn.  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_

### The Simple/Wise/Foolish Person

Some people are wise in one area of their life, simple in another, and foolish in still another area. We all start out simple but hope to improve in a balanced way in order to be wise. Once we are taught in a particular area we can no longer be simple in that area. We must then choose to be foolish or wise. We can accept what God says and be \_\_\_\_\_, or we can reject and be labeled \_\_\_\_\_. Ref. \_\_\_\_\_

Teach people to become wise and to continue seeking wisdom. Ref. \_\_\_\_\_

# Counseling



## Illustrations from the Bible

*List for me 11 examples from the Bible of people who were wise enough to seek godly counsel.*

(Sometimes two are listed in one illustration- they count as one example.)

**Person(s)**

**Book & chapter**

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Each person is the sum total of how everyone else has influenced him, and the good which he has learned from others. If you choose not to accept that good then you will not be all that you can be. Walk with wise men and seek their counsel- and learn from them.

Ref. \_\_\_\_\_ Do so either personally or through walking with them in the pages of the Bible. Learn their strengths and their weaknesses; the one to follow and the other to avoid.

**The Bible teaches that we are not going to become what we decide to become; we are going to become what we decide to be around.**

**If you want to be wise- get to the wise men. Ref. \_\_\_\_\_**

# Counseling

## Guidelines

1. Use an \_\_\_\_\_ book.
2. Ascertain how \_\_\_\_\_ each appointment may take, based on the \_\_\_\_\_.
3. Ask the seeker to bring a \_\_\_\_\_ of the things he needs to discuss.
4. Counsel should be about \_\_\_\_\_ problems, not \_\_\_\_\_ issues.  
Counsel in counseling sessions. Doctrine is to be taught from the pulpit. Ref. \_\_\_\_\_  
There are exceptions to this; but only a few. And very seldom with church members.
5. Before an appointment “ \_\_\_\_\_ ” the counselee, especially with businessmen. Ref. \_\_\_\_\_  
By investigate we mean learn all that you can about the person so you have a jumping off point towards helping them. Know their name, address, family info., business, associates, and accomplishments, etc.
6. Don't always assume that a businessman is successful in all areas of his life.
7. Love everyone the same.
8. It is not always necessary to give a complete answer in one counseling session.
9. Take time to think through your promises before making them to the counselee.
10. Do not always do for the counselee what they can do for themselves.  
Help them to learn how to deal with their problems so they will be better equipped for possible future problems- many times it will be the same problem.
11. Be prepared to settle disputes between two people. Ref. \_\_\_\_\_  
Dealing with disputes using Ro 12:10. Tell party one to tell party two what he thinks is right, but to do what party two wants. Then tell party two to tell party one what he thinks is right, but to do what party one wants.  
The real scriptural problem in disputes is \_\_\_\_\_.  
Find a Bible reference that tells that pride is at the root of all contention. Ref. \_\_\_\_\_

*12. Know some good \_\_\_\_\_ advice and guidelines about childbearing.*

*13. Teach that \_\_\_\_\_ relationships in the family are more important than the family circle.*

You need personal time individually as well as corporately as a family. IF a choice has to be made, which it shouldn't, choose individual time.

A husband and wife had each other before they had the children. Don't let the children rob you of each other. One day you will be alone together again- don't lose track of each other.

A wife can love both her husband and her children at the same time. Likewise a husband can love both his wife and his children at the same time.

**TAKE TIME TO DO SO YOURSELF  
AND COUNSEL OTHERS TO DO LIKEWISE!!**

# Counseling



## Being Fair To Other Preachers

Seven rules about counseling someone from another church.

1. *Never counsel someone from another church without the prior \_\_\_\_\_ of that person's pastor.*

Have a fixed rule about this. The best way is to require a written permission.

2. *Do not be one of \_\_\_\_\_ counselors.*

Do not be a party to nor an encourager of "counsel hopping."

3. *Do \_\_\_\_\_ counsel contrary to another good counselor's advice.*

Not everyone begins and progresses the same way when counseling. If you interfere you probably will do much more harm than good. If the other counselor is a Bible-believer and a sincere person, then keep your nose out of his business.

4. *Advise the person to \_\_\_\_\_ his pastor's recommendations.*

If you counsel someone and then later find out he is a member of another church then have the character to bow out and tell them to "follow the advice of your pastor."

5. *Do not believe \_\_\_\_\_ about other preachers.*

It is much better to err on the side of their innocence than on the side of false accusations.

6. *Do not \_\_\_\_\_ another preacher's counseling.*

Instead, pray for them.

7. *Do \_\_\_\_\_ recommend humanly impossible cases to seek further advice from another counselor.*

Some cases are only solved by the divine intervention of God. Ref. \_\_\_\_\_

**Time represents life; therefore, guard your time. Also, guard the time of others by being prudent and wise in counseling another pastor's members. Do not be guilty of wasting the time of another man of God.**

# Counseling



## **Being Fair To the Person Seeking Counsel**

There are seventeen points to building strong relationships between counselor and counselee.

### **TO BE FAIR:**

1. *Do \_\_\_\_\_ counsel by mail.*

**II Cor 3:6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.**

Counseling by mail will always do more harm than good. There is no connection of visible compassion between you and the counselee.

2. *Do not counsel by \_\_\_\_\_.*

There may be a few exceptions to this- but very few.

3. *Do not counsel when you are excessively \_\_\_\_\_.*

It will hurt both of you. They deserve a counselor with a sharp, rested mind.

4. *Do not make them \_\_\_\_\_ unnecessarily.*

5. *Always ask God for wisdom \_\_\_\_\_ counseling.*

6. *Always \_\_\_\_\_ to the person seeking counsel.*

Here them out completely before making judgments and formulating your advice to them. Listen with your heart. Cutting them off is a sign of rejection.

7. *Do not \_\_\_\_\_ them while they are speaking.*

It is rude to interrupt. You earn the right to be heard by first hearing them out.

8. *Take \_\_\_\_\_ notes while they are talking.*

Do not write the whole time or they will think you are more interested in writing than you are in them and their problems.

9. *Always look \_\_\_\_\_ at the person seeking counsel.*

Don't look out a window, play with a pen or other object, i.e., give them your undivided attention. Be interested in them ONLY right then. And don't keep obviously checking the time- have a clock positioned so that you can see it while looking at the counselee.



**10. Never act \_\_\_\_\_ to the one seeking counsel.**

Never look down on them nor act like you are trying to impress them; instead, you are there to try to help them solve their problems. Remember that compared to Christ, the one we should all compare ourselves to, we are ALL inferior.

**II Cor 10:12 ... but they measuring themselves by themselves, and comparing themselves among themselves, are not wise.**

**11. Always treat them with \_\_\_\_\_ and \_\_\_\_\_.**

God always treats us with dignity and respect- we should do the same to others.

If they have fallen in an area where we also have fallen then it is easy to have compassion. But if they have fallen in an area where we have not then they deserve no less compassion. We must treat them according to biblical guidelines, understanding that it could be us, someday.

**Gal 6:1 Brethren, if a man be overtaken in a fault, ye which are spiritual, restore such an one in the spirit of meekness; considering thyself, lest thou also be tempted.**

**12. Keep everything said in \_\_\_\_\_.**

If you betray their confidence they will most likely never return for more counseling.

**13. Never decide your feelings \_\_\_\_\_.**

This is extremely unfair to them; and it is ridiculous to think that you can decide your feelings before hearing what they have to say. Wait until you have heard the entire story and have the entire picture.

**14. Do not make decisions based on their \_\_\_\_\_.**

There are four basic reputations.

**A. His \_\_\_\_\_ reputation.**

You are not trying to change their reputation you are trying to help them solve a problem.

Treat them with respect and concentrate on the problem at hand. Do not prejudge them.

**B. His \_\_\_\_\_ reputation.**

Deal with the problem they have- not the problems their spouse has.

**C. His \_\_\_\_\_ reputation.**

Help them find an answer to the problem THEY HAVE RIGHT NOW, not problems of or with their children or past problems which were not resolved. Work on THEIR current problem. It may be indicative of other, maybe deeper, problems; but, solve the one at hand and they may learn to trust you and come to you with their other problems.

**D. His \_\_\_\_\_ reputation.**

The young person that comes to you may be doing the best they can in spite of an unpleasant or ungodly home situation. Do not counsel them on the basis of their parent's reputation.

**15. Do not \_\_\_\_\_ nor \_\_\_\_\_ to the one seeking counsel.**

You are not preaching a sermon you are counseling. You are leading them into godly solutions to their problems. Treat them with dignity and respect. You may have to raise your voice from time to time but those occasions are rare.

**16. Always look for \_\_\_\_\_ motives in the counselee's wrongdoings.**

Don't fall into the common trap of gravitating to the negative. They may have had a good motive for what they did; but, wrong is still wrong and right is still right. Listen to the whole story. They may not be rebellious, they may just have a lack of proper training.

**17. Seek to find a way to \_\_\_\_\_ the person before advising them.**

If nothing else, praise them for being intelligent enough to seek counsel. By praising them you earn the right to tell them where they need improvement. They may be wicked but they still want to feel worthy in the counselor's eyes.

## Counseling



### **Being Fair to People Other Than the Person Seeking Counsel**

There are ten principles to aid you in being fair to all parties involved:

1. *You need to hear \_\_\_\_\_ sides.*
2. *Do \_\_\_\_\_ form an opinion after hearing just one side.*
3. *Do \_\_\_\_\_ do marital counseling with just one party present.*
4. *\_\_\_\_\_ counsel through a third party.*
5. *Counsel only when \_\_\_\_\_ for advice.*
6. *Never allow a child or teenager to tell their side of the story in the presence of their \_\_\_\_\_.*
7. *Never volunteer counsel; however, you should volunteer your \_\_\_\_\_.*
8. *Be fair to your \_\_\_\_\_.*

Let your home and family be private. Respect and give them their privacy.
9. *Do not counsel in the \_\_\_\_\_ of the one seeking advice.*

In their home you cannot be as frank as you can in your office. In their home you are a guest; and, as such, you must maintain propriety and be respectful. This will preclude the possibility of telling them all that they need to hear. This is not fair to them, nor is it fair to you.
10. *Say only those things to the counselee that you would want repeated to \_\_\_\_\_.*

If you share a personal illustration from your own life, it will most likely be repeat-ed to the whole church. Therefore, share only things that can be repeated and that won't hurt your testimony or relations with others.

# Counseling



## With Children

Fourteen rules for counseling children.

1. *Be a \_\_\_\_\_ to the child.*
2. *Do not counsel a child without \_\_\_\_\_ permission.*
3. *Praise the child for the \_\_\_\_\_ that he does.*
4. *While counseling, often remind the child that he is \_\_\_\_\_.*
5. *The great need of a child is \_\_\_\_\_.*
6. *Have faith in the child's ability to do \_\_\_\_\_.*
7. *Make instructions given to the child \_\_\_\_\_ to understand.*
8. *The child's two main counselors should be his \_\_\_\_\_ and \_\_\_\_\_.*
9. *Teach the \_\_\_\_\_ how to help their own child.*
10. *Be careful not to put \_\_\_\_\_ in the child's mouth.*

Let them tell the story in their own way. Ask simple questions to get to the root of the problem.
11. *Treat and advise the child exactly as you would want your \_\_\_\_\_ child treated and advised.*
12. *An appointment with a child should be much \_\_\_\_\_ than one with a teen or an adult.*
13. *Extra \_\_\_\_\_ is often needed when counseling children.*

Keep things simple because their vocabulary is simple.
14. *Parents should seek counsel about counseling their children \_\_\_\_\_ times more that they should take their child to a counselor.*

Parents can learn how to counsel their children in a variety of ways: listening to preaching tapes, reading good books on child rearing (Christian child-rearing), paying close attention to what the preacher preaches on Sunday mornings, Sunday evenings, and Wednesday evenings.

General rule: Children want to \_\_\_\_\_ adults. Many times, parents can keep a child in a harmonious frame of mind simply by giving them some extra \_\_\_\_\_.

# Counseling



## With Teenagers

Teens are more adult than child, treat them like young adults and not like children.

1. *When counseling teenagers do \_\_\_\_\_ become a teenager.*

*Let the teenager become an \_\_\_\_\_.*

2. *Allow the teenager to give \_\_\_\_\_ side of the story.*

3. *Always hear out the teenager, but insist that the teen remain \_\_\_\_\_.*

Never allow them to transfer their anger into disrespect for you or anyone else.

*A. Never allow them to become disrespectful toward their \_\_\_\_\_.*

*B. Never allow them to become disrespectful toward \_\_\_\_\_.*

*C. Require them to remain respectful toward \_\_\_\_\_.*

4. *Always take the teen \_\_\_\_\_.*

Their problems are just as big and as serious to them as ours are to us.

5. *Never \_\_\_\_\_ the teenager.*

Generally teens are categorized into three groups. Be careful about such categorization.

*A. The \_\_\_\_\_.*

Teens are, many times, “simple,” rather than rebellious. They don’t know how to judge right from wrong.

Teens are usually more burdened than rebellious. Therefore you need to help them and love them.

*B. The \_\_\_\_\_.*

Teach them how to walk, talk, and act like a man. Don’t deride them.

*C. The \_\_\_\_\_.*

Don’t classify teens as liars. Give them a chance to prove they are telling the truth.

Generally adults are much better at lying than teens because they, the adults, have had so much more practice at it.

6. *Find ways to identify with the teens \_\_\_\_\_.*

Don’t give them a sob story about how hard life was in your day. Instead tell them of the heartaches you had over your teenage relationships. Show them struggles as a teen are normal- we’ve all had them.

7. **Ask the teen for \_\_\_\_\_ about his problem.** Allow them to think through the problem and express an opinion about it. This show them you have confidence in their ability to think. It also helps them in their struggle toward adulthood. And they are more apt to take their own advice. So let them figure out a solution (help them toward a good one) if possible. If not, then you help formulate one for them.  
**Give me a scriptural example of this principle:** Ref: \_\_\_\_\_.
8. **Show the teenager the \_\_\_\_\_ behind your counsel.**  
Don't just tell them, "Do It!" Explain to them the "Why," of it.
9. **Let the teen \_\_\_\_\_ at least one point.**
10. **Always \_\_\_\_\_ your voice.** Don't raise your voice; and counsel, not preach to them.  
**Speak in a controlled manner-** Ref. \_\_\_\_\_  
**Don't provoke them to wrath-** Ref. \_\_\_\_\_
11. **Don't take \_\_\_\_\_ when counseling a teen.**
12. **Don't decide your counsel \_\_\_\_\_ the teen has his appointment.**  
Ref. \_\_\_\_\_
13. **Find a way for the teen to decide between \_\_\_\_\_ good things.** Let him exercise his ability to choose. If he doesn't choose the best one at least he choose a good one and he will be more likely to follow it than if you force the best one down his throat. Tell them you are proud of them for making a good choice.
14. **A teen's ideas \_\_\_\_\_ be opposed.** Take them and build on them. You will gain the teens confidence. Then later, if the teen makes a bad decision you can guide them in a better way without heavy opposition because you have their confidence and you have made them feel that you are helping them toward adulthood. Express feelings of confidence toward them for any little growth and change that they make.
15. **\_\_\_\_\_ make the teen feel that their relationship with you hinges on their following your advice.** Show them unconditional love; that it is the one thing they can't get away from.
16. **With premature marriage plans, seek to \_\_\_\_\_ rather than block them.**  
Bargain with them. If you want them to wait 9 months, tell them 18 and then bargain with them and meet them half way- 9 months. If you attempt to block, rather than postpone, they may run off and get married.
17. **\_\_\_\_\_ give them a bunch of orders.** Instead give them responsibilities; i.e., tasks to carry out to help them become a success.
18. **Do not counsel them in \_\_\_\_\_.**
19. **Do not scold \_\_\_\_\_ upon learning of an infraction.** Wait until later and TALK with them about it. Sometimes a week or two may elapse.
20. **Do not continually \_\_\_\_\_ and \_\_\_\_\_ with them.**

21. *A counselor should \_\_\_\_\_ despair.* And if you do, never let the teen know about it; that will only multiply his insecurity problems.
22. *Never \_\_\_\_\_ on a teen.*  
Ref. \_\_\_\_\_
23. *Do not act \_\_\_\_\_ in front of teenagers.* They need a spiritual friend, not a holier-than-thou, headstrong counselor. (Remember, however, that personal piety is required; but, to put on a phoney act in front of teens, or anyone else, is hypocrisy.)
24. *Tell the teen, “\_\_\_\_\_.”* Then accept whatever expression the teen chooses to give back to you as a sincere one. They do not express themselves the same way we do, so don't expect them to.
25. *You do not need to solve all of their problems in \_\_\_\_\_ session.* It will confuse them, it will overload them, and it will not help them. It will require time, on your part and on theirs, to help them with their problems and adjustments. Feed them answers a spoonful at a time, not a truckload at a time.

**Above all, treat teens as \_\_\_\_\_.**

# Counseling



## How to Chose What Advice to Give

Sort through the information gathered from the counselee; categorize it, and then decide how to advise the person. This chapter gives some guidelines to help you decide what counsel you will give them.

**1. *If there is a Bible principle involved, let the Bible principle make the decision.***

Let dogmatic Bible statements of right and wrong make the decision for you.

Ref. \_\_\_\_\_

**2. *Let Bible examples help make the proper decision.***

If there is no dogmatic Scripture reference on a question, then use Bible examples to show them that someone suffered a negative result from doing what they are about to do.

Ref. \_\_\_\_\_

**3. *Letting life-learned principles make our decisions is taught in the Bible.***

If the answer has been “no” 99 out of 100 times, then the advise to give is “no” every time.

Ref. \_\_\_\_\_

**4. *If no Bible principle nor example can be found, ask God to control your mind.***

Have hope and bathe it in prayer that God will give you the answer. Ref. \_\_\_\_\_

**5. *When you give advice, be honest about your degree of certainty.***

If you are certain about your advice, say so. If you are uncertain, tell them you need time to pray about it or that you need to get a second opinion. Ref. \_\_\_\_\_

The only time you can state for sure that something is absolutely right or wrong is if you can find it in the Bible. If it’s not in the Bible then you cannot be 100% sure that its right or wrong. Be honest about your degree of certainty.



# Counseling



## How to Rebuild A Life

Those who have been captive to sin, who have been living in sin and are hurt by it need to be salvaged. We are to help them rebuild those ruined lives. If they come to us for help we need to know how to help them. Ref. \_\_\_\_\_

1. *Have a regular \_\_\_\_\_ appointment with them.*
  - A. *It is \_\_\_\_\_ to have regular appointments with someone of the opposite sex.*
  - B. *Don't allow another to control your schedule.*

2. *Identify yourself with the person seeking to rebuild their life.*

Warning: Never tell them anything about yourself in private that you would not want them to make public.

3. *Remind them of Bible characters who's lives were also salvaged from sin.*

Teach the following:

1. What sin the bible person committed.
2. The fact that the Bible person was once again used by god.
3. Illustrations of how each one overcame his sinful condition in order to be used again.

*Give me the 8 Bible characters listed, their sin, and the scripture reference:*

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_
- D. \_\_\_\_\_
- E. \_\_\_\_\_
- F. \_\_\_\_\_
- G. \_\_\_\_\_
- H. \_\_\_\_\_

**No sin, no References.**

4. *Assure the seeker that God forgives.*

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

5. *Assure the saved one that they are still saved.*

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

If they are not saved try to lead them to the Lord before they leave your office.

6. **Assure them of the forgiveness of \_\_\_\_\_ Christian people and Church members.**

Be truthful with them and tell them that not ALL Christians are going to treat them the way God says they should. Some will be slow to forgive and some may not ever forgive. Those who are unforgiving are not Christ-like; good Christians, however, will forgive.
7. **Warn them that some will \_\_\_\_\_.**

There are three reasons, generally, why people criticize:

  - A. **Some do it because they enjoy it.** Ref. \_\_\_\_\_
  - B. **Some criticize because of their pride.** Ref. \_\_\_\_\_
  - C. **Some criticize because they have little self-control and big tempers.**  
Ref. \_\_\_\_\_
8. **Warn them that there may be some things they have forfeited.**
9. **Warn them that the confidence of Christians must be re-earned.**

Prepare them ahead of time so they won't be taken off guard that people don't trust them immediately, prepare them for the fact that it may take some time.
10. **Warn them that they may sin again.**

Ref. \_\_\_\_\_ They may fall, but they must understand in advance that though that fall is wrong, they must not give up; and you must not give up on them. Reassure them that you are in the struggle with them and that a setback is not going to stop you from helping them.
11. **You may want to have someone pray and read the Bible with them daily.**

This gives them a certain accountability and it will help them to refrain from falling back into their sin if they know someone is coming over to pray and read the Bible with them that day.
12. **You may need to call them \_\_\_\_\_.** Just call and see how they are doing.
13. **Help them to find one good spiritual friend of the same gender.**

Make sure it is someone who is strong spiritually to help you lift up the fallen one.
14. **Get them to Church activities.** Don't just invite them- get them there. They don't yet have the character to get there on their own; so it's up to you to help them. The Church, Jesus, and the Bible is the answer to their problems, so get them involved in Church activities.
15. **Let them know that you do not expect total, immediate victory, but you do expect to see \_\_\_\_\_.**
16. **Get good books into their hands.**

They don't know what books are good for them, so help them. The Bible is one of them, of course, but help them in choosing others.
17. **Get good preaching tapes into their hands.**

18. **Warn him \_\_\_\_\_ to go too fast.** Help them to be faithful in Church and their place of employment and help them pace themselves so they don't become overly confident. Getting right with God on Sunday and leaving for Bible College on Monday is probably a formula for failure.
19. **Get them to \_\_\_\_\_.** Ref. \_\_\_\_\_
20. **Remind them to set a time each \_\_\_\_\_ to read the bible.** Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
21. **Remind him of the Holy Spirit and His \_\_\_\_\_.**  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
22. **Tell them how important it is to stay close to the \_\_\_\_\_.**  
If the counselor is not the pastor, then they should point them to the pastor when things get to be too much for the counselor.
23. **Do not talk \_\_\_\_\_ the one seeking to rebuild their life.**
24. **Don't act \_\_\_\_\_ than them.**

# Counseling

## Topics

*“It would be labor in vain to endeavor  
to cleanse the stream of a polluted fountain.  
Prune the crab tree if you please,  
it still will not bring forth apples.”*

**C.H. Spurgeon**  
**[Concerning the counseling of the unsaved.]**

# Counseling



## **On Salvation**

You should seek to help them solve as many of their problems as you can. The Holy Spirit will guide them to solutions to their problems. If they are not saved, then the Holy Spirit cannot be a part of solving their problems.

- 1. Never be afraid to ask them if they are saved.*
- 2. If you discover they are unsaved, then their salvation should become your immediate concern.* Their biggest need is eternal life, else solving their problems in this life will only be a temporary solution. Also, the Bible is a spiritual book, they will not understand it nor its teachings if they are unsaved.
- 3. Explain the plan of salvation to them.*

Then follow up with an encouragement that they be baptized. This gets them started on the right track in their new spiritual life; and confidence that God can now help them in solving their problems.

# Counseling



## Helping Those Who Are Bitter

Bitterness is a choice we make; and it cannot be compartmentalized. It will pervade every area of a life. It is a flaw in \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ life and is to be avoided by the Christian and we are to help those seeking counsel to not become bitter; or, if they are already bitter, to help them put it away from themselves.

Ref. \_\_\_\_\_

### TEN EXCUSES FOR BITTERNESS:

1. *When a child feels that his parents have not spent enough \_\_\_\_\_ with them.*
2. *Bitterness results when one sibling is seemingly \_\_\_\_\_ over another sibling.*
3. *It can result when a leader \_\_\_\_\_ us.*
4. *It can result because of the absence of a leaders \_\_\_\_\_.*
5. *It can result because of \_\_\_\_\_ abuse.*
6. *It can result because of \_\_\_\_\_ abuse.*
7. *It can result because of \_\_\_\_\_ abuse.*
8. *It can result because of not \_\_\_\_\_ something we want.*
9. *It can result because of \_\_\_\_\_.*
10. *It can result because of \_\_\_\_\_ by peers.*

### THE SOLUTION FOR BITTERNESS:

1. *They must admit that bitterness is \_\_\_\_\_.*

Whatever the excuse they have for their bitterness; no matter how they may have been truth-fully wronged; no matter what someone may have done to them that was wrong; they must admit that their being bitter is sin on their part. The other person's sinful behaviour does not justify their own sinful behaviour. They must admit that their own bitterness is sin. They need to realize that, "If I am bitter, it is **not** a grudge, it's **not** justified anger, my bitterness is sin."

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

2. *They need to \_\_\_\_\_ their sin of bitterness.*

Ref. \_\_\_\_\_ They need to not only acknowledge their sin of bitterness; but they need to confess it to God and ask forgiveness for it.

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

They also need to confess his bitterness to the one with whom he has been bitter- **only** if the person knows he is bitter. They must do so in the right way- mildly, and **not** by telling the person **why** we are bitter. We are there confessing to them the fact of our bitterness, not the why's of it.

3. *The bitter person must realize the importance of dying to \_\_\_\_\_.*

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

We must be dead to self and allow Christ to live through us. He had every right to be bitter; but He was not. Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

Ref. \_\_\_\_\_

4. *Once they have conquered bitterness, they must stay dead.*

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

**GENERAL OBSERVATIONS ABOUT  
DEALING WITH EMBITTERED PERSONS.**

1. *We must learn to hate the sin rather than the \_\_\_\_\_.*

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

2. *They need to know that they may become \_\_\_\_\_ the person they are bitter against.*

3. *When you deal with a bitter person you must work to \_\_\_\_\_ that life.*

# Counseling



## Forgiveness

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

1. *Teach that forgiveness is by \_\_\_\_\_.*  
Ref. \_\_\_\_\_
2. *Explain \_\_\_\_\_ forgiveness is.*  
Ref. \_\_\_\_\_
3. *Explain \_\_\_\_\_ we should forgive.*  
Ref. \_\_\_\_\_
4. *Explain how \_\_\_\_\_ we should forgive.*  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
5. *Explain \_\_\_\_\_ we are to forgive.*  
In a simple phrase: "WE MUST FORGIVE ALL!"
  - A. *We must forgive all \_\_\_\_\_ debts.* Ref. \_\_\_\_\_
  - B. *We must forgive people who \_\_\_\_\_ against us.*
  - C. *We must forgive the one who \_\_\_\_\_ against us.*
6. *Teach them they must \_\_\_\_\_ forgiveness and why.*  
Ref. \_\_\_\_\_
7. *Teach them that Christians should forgive, using the example that \_\_\_\_\_ has given us.*  
When someone sins against us, we need to write the words *Completely Canceled* on that person account- just like Jesus did.
8. *Teach them that we should confess to God and repent of a lack of forgiveness concerning \_\_\_\_\_ matters.*



# Counseling



## The One Who Is Contemplating Suicide

Make them understand that God gave them life and that only God has the power and the right to take it. Those contemplating such a move must feel as overwhelmed as Job after he lost everything that he cared for. He showed the proper attitude toward his loss.

Ref. \_\_\_\_\_

**List 6 people in the Bible who wrongfully committed suicide and the Bible references:**

- \_\_\_\_\_ Ref. \_\_\_\_\_
- \_\_\_\_\_ Ref. \_\_\_\_\_
- \_\_\_\_\_ Ref. \_\_\_\_\_
- \_\_\_\_\_ Ref. \_\_\_\_\_
- \_\_\_\_\_ Ref. \_\_\_\_\_
- \_\_\_\_\_ Ref. \_\_\_\_\_

**List 3 people in the Bible who could have committed suicide but who did not take the easy way out. List the Bible references also:**

- \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
- \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
- \_\_\_\_\_ Ref. \_\_\_\_\_

**PRACTICAL POINTS CONCERNING SUICIDE COUNSELING**

1. *If they come for counseling and casually mention suicide, take them very \_\_\_\_\_.*
2. *If it is a teenager, by all means address the issue with their \_\_\_\_\_.*  
Never promise to keep such feelings secret. Approach the parents with the teen.
3. *Help the one contemplating suicide to realize and know that they are \_\_\_\_\_.*
4. *Help them to know and realize that \_\_\_\_\_ loves them.*
5. *They need to know that the Bible teaches \_\_\_\_\_ suicide.*
6. *You need to give them \_\_\_\_\_.*  
Ref. \_\_\_\_\_
7. *He obviously faces problems that he believes are to big to be \_\_\_\_\_.*
8. *Explain to them that they may fail in their attempt and may be in a vegetative state for the rest of their life because God does not want them dead at \_\_\_\_\_.*
9. *Advise them to stay on their regular \_\_\_\_\_ of activities.*
10. *Teach them that God \_\_\_\_\_ him for his wrongdoing.*  
Ref. \_\_\_\_\_
11. *Teach him that the temptation to commit suicide can be \_\_\_\_\_.*  
Ref. \_\_\_\_\_
12. *Teach him that if he is unsaved, he will go to Hell when he dies.*  
Ref. \_\_\_\_\_
13. *Teach him that if he is saved and he kills himself that he will \_\_\_\_\_ himself.*  
He will forfeit all the rewards he might have earned had he chose to live out his life as God had planned. Ref. \_\_\_\_\_
14. *Teach them, if they are saved, that one or more persons may go to Hell because of their \_\_\_\_\_ in killing themselves.* Ref. \_\_\_\_\_
15. *You may need to meet with them on a \_\_\_\_\_ basis concerning their needs.*

# Counseling



## Finances

Ref. \_\_\_\_\_

This chapter contains both Biblical and extremely practical day to day guidelines concerning finances. Certainly, no one person will practice them all, but everyone should practice many of them.

1. *You earn your money by spending your \_\_\_\_\_.*

Time is life.

2. *The way you spend your money is the way you spend your \_\_\_\_\_.*

To waste your money is to waste your life. To be foolish with your money- is to be foolish with your life. To be stingy with your money is to be stingy with your life. To be wise with your money is to be wise with your life.

3. *Stealing is somewhat akin to \_\_\_\_\_.*

If you steal you have taken something that was purchased with time from a persons life. You have also stolen the time from their life that they will give to earn the money to replace the stolen article. Therefore, to steal is to steal someone's life. To take away a life is, in essence, to kill.

4. *Most financial problems are not money problems but \_\_\_\_\_ problems.*

They need to learn to obey God, as well as themselves and their budget.

5. *Your most important debt to pay is your \_\_\_\_\_.*

Ref. \_\_\_\_\_

6. *Everyone needs to learn proper \_\_\_\_\_.*

A. Your first priority is your tithe of your \_\_\_\_\_ not your net salary.

B. Second is your \_\_\_\_\_.

C. Third is your \_\_\_\_\_.

D. Fourth is your \_\_\_\_\_.

7. *Pay your bills \_\_\_\_\_ or even \_\_\_\_\_.*

Grace periods are for genuine emergencies.

And remember, many times there is a high late fee.

8. *If you are going to be late, \_\_\_\_\_ your creditor.*

**9. God teaches a \_\_\_\_\_ system for handling finances.**

The tithe, which is the *tenth*, which is God's; then, the other 90% to be distributed among our debts, necessities, and, lastly, luxuries.

**10. A \_\_\_\_\_ is the best way to control your money flow.**

Take your annual income and divide by 52 in order to arrive at approximate amounts for the budget.

- A. Tithe . . . . . 10%
- B. Food . . . . . 15%
- C. Housing . . . . . 25%
- D. Utilities . . . . . 10%
- E. Insurance and savings . . . . . 5%
- F. Automobile . . . . . 15%
- G. Miscellaneous: wife, missions, others, taxes . . . . . 20%

**11. A budget does no good unless it is \_\_\_\_\_.**

**12. Never allow expenditures to \_\_\_\_\_ your revenue.**

**13. A person should only borrow with adequate \_\_\_\_\_.**

**14. Possessing money or wealth is \_\_\_\_\_ sinful.**

Ref. \_\_\_\_\_ This reference shows that only the LOVE of money is the root of all evil.

If you have been financially blessed by God- carefully study the following:

- A. A rich person usually does \_\_\_\_\_ know who his friends are.
- B. Having money in the bank often means a person can lose his \_\_\_\_\_ on God.
- C. A rich person can easily allow money to become their \_\_\_\_\_.
- D. A rich person \_\_\_\_\_ take any of his money to Heaven with him.

Therefore, he should invest wisely in God's work to earn rewards.

**15. A person's expenses will \_\_\_\_\_ to his income.**

This does not have to be so, but in most cases it is. You must develop enough character to control your outgo. Then you will have enough.

**16. Satisfaction cannot be found in \_\_\_\_\_ or \_\_\_\_\_.**

**17. \_\_\_\_\_ should diligently teach their children about finances.**

- A. Train them to be successful in their personal finances, whether or not you are in yours.
- B. Wise parents will not \_\_\_\_\_ their children.
- C. Wise parents will teach a child to \_\_\_\_\_.
- D. Wise parents will teach a child to \_\_\_\_\_.
- E. Wise parents will teach a child to be \_\_\_\_\_.
- F. Wise parents will teach a child not to \_\_\_\_\_.
- G. Wise parents will teach a child to be \_\_\_\_\_ and \_\_\_\_\_.

Ref. \_\_\_\_\_

**18. The misuse of credit cards causes many financial \_\_\_\_\_.**

Credit cards are not the problem, the problem is the misuse of them. Be sure you control it and that it does not control you.

**19. The credit philosophy says, "Enjoy now; pay later."**

"\_\_\_\_\_" will come sooner than you think. The Bible teaches to first \_\_\_\_\_ the item, then enjoy it more later.

**20. Borrowing money with interest is like \_\_\_\_\_ money.**

This is not always wrong, but it is not always wise.

**21. When you are deeply in debt, a way out \_\_\_\_\_ be found.**

**A.** Being debt-free is a \_\_\_\_\_ goal.

Of course you can never repay God for His goodness to us; but you can be debt-free with people.

**B.** To get out of bad-debts you may have to \_\_\_\_\_ some belongings.

**C.** When trying to get out of bad-debt, do not spend any money \_\_\_\_\_.

**D.** When in debt, learn to practice \_\_\_\_\_ - \_\_\_\_\_.

NEVER hire someone to do something you can do, or learn to do, yourself.

**E.** You may need to obtain a part-time job.

Work that job only for a \_\_\_\_\_ time only.

**F.** When in debt, \_\_\_\_\_ go to work. Don't let bad debt depress you into missing work and multiplying your debt problems.

**G.** Know your \_\_\_\_\_ indebtedness.

**H.** Eliminate your \_\_\_\_\_ \_\_\_\_\_.

**I.** Never carry extra \_\_\_\_\_.

**J.** Never procrastinate about \_\_\_\_\_ \_\_\_\_\_.

**K.** No one should \_\_\_\_\_ or \_\_\_\_\_ checks.

**L.** The person in debt should \_\_\_\_\_ daily and ask for God's help and wisdom.

Ask for forgiveness if you have sinned financially.

**22. Not \_\_\_\_\_ debt is the result of poor financial practices.**

Sometimes emergencies arise; God is aware of these. We can learn to trust God more as a result of these times.

**23. Beg God for His help and guidance.** Ref. \_\_\_\_\_

**24. Praise God for His provision.** Ref. \_\_\_\_\_

**25. As a counselor you may need to help the one in financial straits to organize his \_\_\_\_\_ to fix the problem.**

Have him bring all of his bills to the appointment and help him to organize them.

**A.** Help him set up a \_\_\_\_\_. **B.** Figure it using only the \_\_\_\_\_ income.

**C.** Have him report to you weekly as to whether the budget is followed. **D.** Couples should pitch in and help- not cast blame at one another.

**E.** Sometime you find someone with too little character to conform. You may have to actually temporarily assume the task for them. (Be very careful in this.)

**TITHING**

1. *What is the tithe?* Ref. \_\_\_\_\_
2. *Is the tithe an offering?* No!  
An offering can only be given AFTER you return the tithe.
3. *Does the tithe apply to us today or is it only for Old Testament saints?*  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
4. *What is the purpose of the tithe?* Ref. \_\_\_\_\_
  - A. It helps you to learn to \_\_\_\_\_.
  - B. Somehow God uses it to \_\_\_\_\_ His people.
  - C. It also supports the \_\_\_\_\_ and its \_\_\_\_\_.
5. *To whom should the tithe be given?* Ref. \_\_\_\_\_
6. *When should a person tithe?* Ref. \_\_\_\_\_
7. *Does the tithe apply to more than money?*  
The tithe 10% of EVERYTHING! Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
8. *Should you tithe if you are in debt?* Absolutely! Ref. \_\_\_\_\_
9. *Should you tithe on the gross or the net of your income?*  
Ref. \_\_\_\_\_ This reference teaches that you should tithe FIRST. (The gross.)
10. *You must be obedient to God's command to tithe.*  
Ref. \_\_\_\_\_
11. *Does the tithe affect in any area other than finances?*  
Yes! It affects you in the matter of \_\_\_\_\_.

Remember that people need time to grow in grace. Let the new Christian know of his responsibility to tithe; and then let God do His work in that person and let that person act upon his desire to do right.

Ref. \_\_\_\_\_

**PRACTICAL POINTS FROM GOD'S WORD FOR THE COUNSELOR TO TEACH ON HOW ONE CAN LOSE MONEY**

1. *The person who commits \_\_\_\_\_ with a woman will lose money.*  
Ref. \_\_\_\_\_
2. *Spending too much time in \_\_\_\_\_ will cause you to lose money.*  
Ref. \_\_\_\_\_
3. *A person who gets his money by \_\_\_\_\_ means will suffer loss.*  
Ref. \_\_\_\_\_
4. *If you fail to \_\_\_\_\_ you will lose money.*  
Ref. \_\_\_\_\_

5. *If you co-sign on a note for someone you don't know, you will lose money.*  
Ref. \_\_\_\_\_
6. *The \_\_\_\_\_ person will lose money.* Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
7. *A person who angers his family will lose money.* Ref. \_\_\_\_\_
8. *If you get money by \_\_\_\_\_ means you will lose it.* Ref. \_\_\_\_\_  
Wealth gotten by any means other than work will not be enjoyed by future generations; however, wealth gotten by hard work will increase and become an inheritance.
9. *A person who cannot be \_\_\_\_\_ and spends too much time talking will lose money.*  
Ref. \_\_\_\_\_
10. *The person who cares not for the poor and does not help meet their needs will experience financial loss.* Ref. \_\_\_\_\_
11. *If you overly enjoy the \_\_\_\_\_ of life you will lose money.* Ref. \_\_\_\_\_
12. *Drinking \_\_\_\_\_ beverages will cause you to lose money.*  
Ref. \_\_\_\_\_
13. *A person who takes from the \_\_\_\_\_ will lose money.* Ref. \_\_\_\_\_
14. *A person who is a \_\_\_\_\_ will eventually lose money.* Ref. \_\_\_\_\_
15. *A person who charges an unjust rate of \_\_\_\_\_ will lose money.*  
Ref. \_\_\_\_\_
16. *Associating with people who are self-\_\_\_\_\_ or are vain will cause a person to lose money.* Ref. \_\_\_\_\_
17. *Trying hastily to become \_\_\_\_\_ will cause a person to lose money.*  
Ref. \_\_\_\_\_
18. *A \_\_\_\_\_ person or a "Mr \_\_\_\_\_" will lose money.*  
Ref. \_\_\_\_\_
19. *If you take financial advantage of your \_\_\_\_\_ you will lose money.*  
Ref. \_\_\_\_\_
20. *A person who lives a life of \_\_\_\_\_ will lose money.* Ref. \_\_\_\_\_
21. *If you waste your God-given \_\_\_\_\_ you will lose money.* Ref. \_\_\_\_\_

**PRACTICAL POINTS ON HOW TO SAVE MONEY**

These points were compiled by Bro. Owens' wife.

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

How many money-saving hints are under each of the following headings in the text:

**GROCERY SHOPPING?** \_\_\_\_\_ **CLEANING SUPPLIES?** \_\_\_\_\_

**CLOTHING?** \_\_\_\_\_ **MISCELLANEOUS WAYS TO SAVE MONEY?** \_\_\_\_\_

# Counseling



## Helping a Person to Overcome Bad Habits

Ref. \_\_\_\_\_

The following illustrations from the children of Israel's flight from Egypt are used to explain the process of breaking a habit (bondage.)

### Six steps for getting out of bondage- breaking a bad habit:

*Step 1. They must \_\_\_\_\_ that they have a bad habit.*

*Step 2. They must use and practice the law of \_\_\_\_\_.*

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

*Step 3. They must practice the law of \_\_\_\_\_ separation.*

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

*Step 4. They must practice the law of \_\_\_\_\_.*

Ref. \_\_\_\_\_

*Step 5. They must practice the law of \_\_\_\_\_.*

Ref. \_\_\_\_\_

*Step 6. They need to give God praise for His \_\_\_\_\_.*

Give me 2 example illustrations from the textbook of bondage that can be broken.

Bondage: The habit of \_\_\_\_\_. How many steps to overcome it? \_\_\_\_\_

Bondage: The habit of \_\_\_\_\_. How many steps to overcome it? \_\_\_\_\_



## Counseling



### Employment Opportunities and Job Changes

Ref. \_\_\_\_\_

1. \_\_\_\_\_ *be quick to make on-the-spot decisions concerning their employment.*  
Ref. \_\_\_\_\_
2. *Cash and fringe benefits are \_\_\_\_\_ the only basis for a decision in this matter.*  
The person's health can also be an issue. (And don't let their pride get in the way here.)
3. *If it's a woman seeking job counseling, her \_\_\_\_\_ needs to be in agreement in this matter.* Ref. \_\_\_\_\_
4. *If the job will frequently take a husband away from home, counseling them to take the job will happen very \_\_\_\_\_.*
5. *Ask them if they have researched the \_\_\_\_\_ of the prospective place of employment.* If not, go no further with the counseling until he does so.
6. *Have him talk with current employees there to see about annual \_\_\_\_\_ or eventual shutdowns.*
7. *Council him to give a \_\_\_\_\_-week notice at his current job if he decides to leave.*
8. *They should consider if there is a place for \_\_\_\_\_ at the new job.*
9. *Counsel them that accepting a new job to increase themselves is good; but to do so to run from personal relationships at his current job is not \_\_\_\_\_.*
10. *If they are currently struggling both financially and with their degree of personal character, they should work for someone who uses a \_\_\_\_\_.*
11. *If the new job opportunity comes shortly after a couples wedding date, you should counsel him to be careful about making a change at \_\_\_\_\_.*  
Ref. \_\_\_\_\_
12. *It is dangerous to go into business with other Christians \_\_\_\_\_.*
13. *Hourly wage should not always be the only \_\_\_\_\_ factor.*  
Sometimes a higher wage costs you money in lost benefits- check it out first.
14. \_\_\_\_\_ *time should be considered. Both from work to home as well as church and work should be considered.*

**15. They should attempt to obtain a job where they do not have to work on \_\_\_\_\_ mornings and evenings.**

(I would counsel them NEVER take a job that gets you out of Church on Sunday mornings.)  
They should also attempt to get a job that does not keep them out of church on Wednesday evenings.

**THREE TO THRIVE**  
**Sunday morning, Sunday night,**  
**and Wednesday night.**  
**- Dr. Lee Roberson -**

They need to be faithful to Church. Ref. \_\_\_\_\_

**16. They should never take a job where they have to sell alcohol, pornography, gambling, etc.** Ref. \_\_\_\_\_

**17. Never associate with a company that has a bad name for taking advantage of the \_\_\_\_\_ or the \_\_\_\_\_ or one that charges unfair interest rates.**

Ref. \_\_\_\_\_

**18. If it is a sales job make sure they would \_\_\_\_\_ the product themselves.**

Ref. \_\_\_\_\_

**19. You should watch for a \_\_\_\_\_ attitude in the one you are counseling.**

Ref. \_\_\_\_\_

**20. The privilege to serve God in a full-time capacity should always be considered \_\_\_\_\_ when counseling about a person's future.**

A man who is called to preach will never be truly happy doing anything else.

# Counseling



## Helping Others Learn How to Make Decisions

Do not spend all of your time **seeking** God's will; rather, we must spend all of our time **doing** God's will. You must wait on the unknown while fulfilling the known.

Remember, the Bible is not a Book of confusion because God is not the author of confusion..

Ref. \_\_\_\_\_

**Here are some guidelines that help in making decisions:**

1. *Ask yourself, "Does this activity \_\_\_\_\_ God?"* Ref. \_\_\_\_\_
2. *Ask, "Could \_\_\_\_\_ be a partner in this activity?"* Ref. \_\_\_\_\_
3. *Ask, "Would my activity grieve the \_\_\_\_\_ \_\_\_\_\_?"*  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
4. *Ask, "Will my activity cause someone to \_\_\_\_\_?"* Ref. \_\_\_\_\_  
That someone could be someone ELSE; or, that someone could be ME.
5. *Ask, "Is the activity \_\_\_\_\_?"* Ref. \_\_\_\_\_
6. *Ask, "Does the activity have the appearance of \_\_\_\_\_?"* Ref. \_\_\_\_\_
7. *Ask, "Is there too much \_\_\_\_\_?"* Ref. \_\_\_\_\_

Every Christian must learn to make right decisions with the help of the following:

- a. A **strong** Christian \_\_\_\_\_.
- b. \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_ preaching.
- c. \_\_\_\_\_.
- d. Daily \_\_\_\_\_ and \_\_\_\_\_ reading.

If someone comes to you and asks if something is right or wrong, it is probably wrong because they have doubts about it. Remember however, it is not ALWAYS wrong, they may simply be a young or immature Christian and need some guidance in a certain area. Teach them HOW to make the right decisions.

The chart on the following page may be helpful; for you and for them.



# Counseling



## The Discouraged

Ref. \_\_\_\_\_

### Reasons Why People Get Discouraged:

1. *Sometimes they get discouraged and feel the opportunity for \_\_\_\_\_ is gone.*
2. *Some become discouraged because of \_\_\_\_\_ and \_\_\_\_\_.*
3. *Some get discouraged when success does not come \_\_\_\_\_.*

Watching others achieve when they themselves are struggling often causes discouragement.

Ref. \_\_\_\_\_

4. *Some get discouraged when they do not have a \_\_\_\_\_ or a \_\_\_\_\_ for their lives.*

### Helps For The Discouraged Ones:

1. *Teach them that with God there is always opportunity for \_\_\_\_\_.*

Ref. \_\_\_\_\_

2. *Tell them not to become \_\_\_\_\_.* Ref. \_\_\_\_\_

3. *Tell them that nobody is an \_\_\_\_\_ success.*

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

4. *Help them to find a \_\_\_\_\_ and some \_\_\_\_\_ in their life.*

Ref. \_\_\_\_\_

(1) \_\_\_\_\_ your work. (2) \_\_\_\_\_ your plan. (3) Don't get \_\_\_\_\_ - \_\_\_\_\_.

PROBLEM	SOLUTION
Our opportunity for success is _____.	With God there is _____ opportunity for success.
We are _____.	We need to get our eyes off of _____ and be glad for another's success.
We are not _____ successful.	We need to realize growth is necessary and normal.
We have a lack of _____, for _____ or _____.	We need to utilize God's plan & purpose everything and organize our discouragement

# Counseling



## General Principles I Never Change

These principles work 99 out of 100; therefore, use them 100% of the time.

1. *Never advise \_\_\_\_\_.*
2. *Never advise a ministerial student to go anywhere but a \_\_\_\_\_ college that is under the administration of a Baptist pastor.*
3. *Never find only \_\_\_\_\_ party at fault.*  
Never make anyone feel the problem is all their fault.
4. *Never advise two couples to be “\_\_\_\_\_ - \_\_\_\_\_” couples.*  
The exclusiveness of the relationship between the couples can lead to marital unfaithfulness. They should have multiple close couples as friends.
5. *Never advise church members to go into \_\_\_\_\_ together.*  
Family-owned businesses, however, are a different matter. Ref. \_\_\_\_\_
6. *Never do \_\_\_\_\_-person counseling.*
7. *Never tell a man whom he should \_\_\_\_\_.*
8. *Three \_\_\_\_\_ in the case of a person attending a secular college:*
  - A. *The prospective student should never live in the \_\_\_\_\_.*
  - B. *They should never go where there is not a \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, fundamental \_\_\_\_\_ church.*  
Just as you do not accept a \_\_\_\_\_ where there is not such a church, so it is not in God’s will for you to attend a \_\_\_\_\_ were there is not such a church.
  - C. *They should never go far away from \_\_\_\_\_.*  
This makes it easier to keep them involved in church affairs.
9. *Never tell a man going into the pastorate that you know for a fact \_\_\_\_\_ he should pastor.*
10. *Never advise a preacher to resign without having a place to which he can \_\_\_\_\_.*
11. *Never advise a layman to move because of a \_\_\_\_\_ opportunity or \_\_\_\_\_.*  
Money can never be the deciding factor in a move. Nor can the will of his boss be the deciding factor. If they do decide to move against your advice, love them, and keep the lines of communication open so that you can help them if it doesn’t work out.
12. *Never advise anyone to change fundamental colleges until he has \_\_\_\_\_ what he started.*

## **Christian Counseling**

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**13. Never advise a preacher to accept a call to start a church with a \_\_\_\_\_ off of a fundamental church.**

**14. Never give advice if it is not \_\_\_\_\_.**

**15. Never advise anyone to \_\_\_\_\_ until one year before college graduation.**

Any time before that can be too big a financial strain and may cause one or both of them to forfeit their finishing college.

**16. Never give advice if a decision has \_\_\_\_\_ been made.**

**17. Never advise a couple to adopt any child other than an \_\_\_\_\_.**

The parents and the child need to grow together. It is not wrong to adopt an older child; it is just best to advise adoption of infants only.

**18. Never advise anyone to drop out of college for a \_\_\_\_\_.**

Ninety-nine times out of a hundred they won't go back.

**19. Never advise a couple to adopt when they have a \_\_\_\_\_ or \_\_\_\_\_ of their own.**

**20. Never advise a couple to allow a \_\_\_\_\_ to live with them.**

**21. Never perform a marriage for someone who seems \_\_\_\_\_ about marrying.**

Let some time pass to mature the relationship and settle his/her questions.

**22. Never believe \_\_\_\_\_.**

Only believe someone is guilty when they are \_\_\_\_\_ guilty.

**23. Never perform marriages for people who are unsaved.**

Marriage is a Christian institution. They need to be saved, baptized, and in Church.

**24. Never advise people to follow a \_\_\_\_\_ when he moves.**

**25. Never begin appointments with \_\_\_\_\_.**

**26. Never \_\_\_\_\_ accept a resignation from a good person.**

Ask a man to take a six-week waiting period; and a married lady to take a four-week waiting period. (Of course her decision should include her godly husband's input.)

This will avoid hasty decisions on the part of the one resigning.

**27. Never give marital counseling if only \_\_\_\_\_ party will come.**

You can counsel the one coming on how to be a good Christian; but you should not give marriage counseling when only one spouse will come.

# Counseling On Marriage

*“People need to be reminded more  
than they need to be instructed.”*

**Unknown**



# Counseling



## Before An Engagement

Ref. \_\_\_\_\_

1. *They must seek \_\_\_\_\_ will concerning a prospective mate.*  
Ref. \_\_\_\_\_
2. *The prospective mate must be \_\_\_\_\_.*  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
3. *A prospective mate must value the \_\_\_\_\_.*  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
4. *The prospective mate should be \_\_\_\_\_ and \_\_\_\_\_.*  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
5. *They should be \_\_\_\_\_ - \_\_\_\_\_ ane \_\_\_\_\_ - \_\_\_\_\_.*  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
6. *It is desirable that the prospective mate have good \_\_\_\_\_ and a good \_\_\_\_\_.*
7. *The prospective mate should have good \_\_\_\_\_.*  
Ref. \_\_\_\_\_
8. *The prospective mate should be \_\_\_\_\_ and \_\_\_\_\_.*  
Ref. \_\_\_\_\_ The wearing of clean clothes usually indicates a clean person.  
The testimony of your future family has to be considered here.
9. *The prospective mate should see marriage as a \_\_\_\_\_ agreement.*  
Ref. \_\_\_\_\_

These guidelines should be followed; but, it does not mean that the prospective mate will fit every category. However, if every person carefully seeking God's will in choosing the right mate will follow these guidelines, he will be greatly helped.

# Counseling



## During the Engagement

1. *Instruct them from the beginning that there is no such thing as a \_\_\_\_\_ marriage.*

Ref. \_\_\_\_\_ We are all sinners; therefore, we need to be the best imperfect people we can be. Since we are all imperfect, the engaged couple need to learn to practice perfect patience and perfect longsuffering.

2. *About one \_\_\_\_\_ before the wedding, the couple should meet with you for a two-hour premarital counseling session.*

Sooner than that is unwise because of the sensitivity of some of the topics covered.

3. *Premarital counseling should be going on from the time a person is an \_\_\_\_\_.*

From the time they are born they begin learning about marriage from their parents. They simply cannot learn everything they need to know about marriage in a two-hour session. The purpose of the session is to help them with the honeymoon and give them some practical guidelines to get them started out right.

4. *During that session discuss the four main causes of marital problems.*

A. \_\_\_\_\_. Ref. \_\_\_\_\_

B. \_\_\_\_\_. Ref. \_\_\_\_\_

C. *The \_\_\_\_\_ marital life.* Ref. \_\_\_\_\_

If problems do arise in this area after they are married, counsel them that they need to seek counsel immediately.

D. *The \_\_\_\_\_ of children.* Ref. \_\_\_\_\_

They need to make advance preparations to avoid the possibility of this problem arising in the future. They need to decide ahead of time that they will follow God's plan in this area of their life; just like they should in every area of their marriage.

They need to think it not strange if problems arise in any of these four areas; but, they also need to know that if it does, they need to deal with these problems immediately and seek help when needed.

5. *Talk with them about the wisdom of having no children for \_\_\_\_\_ years.*

They need time to adjust to one another before another life becomes part of the equation. It would be better for them and better for the child. Ref. \_\_\_\_\_

[NOTE: You must decide how you personally feel about birth control before you consider whether or not you would suggest a three year wait to the newlyweds.]

## **Christian Counseling**

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**6. Read and explain \_\_\_\_\_.**

They are under obligation, according to God's Word to be submissive one to another in the sexual part of their intimacy. They are to fulfil one another's needs.

**7. Counsel them to never refuse each other's romantic \_\_\_\_\_.**

Ref. \_\_\_\_\_

**8. When necessary, they should seek counsel about their \_\_\_\_\_ life.**

Ref. \_\_\_\_\_ Many men don't want to seek counsel in this area because of their pride. If a couple does come seeking counsel in this area (advise them before the marriage that they should if such problems do arise) maybe you can counsel him and your wife can counsel her.

**9. Remind them that you will always be \_\_\_\_\_ when needed.**

Ref. \_\_\_\_\_

**10. The newlyweds should read books on \_\_\_\_\_.**

Find a good one, or ones, and give them assignments to read..

**11. Both the husband and the wife should have an attractive \_\_\_\_\_.**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

**12. The newlyweds need to be careful about \_\_\_\_\_.**

**13. A couple should make big of their \_\_\_\_\_ date. Ref. \_\_\_\_\_**

If there ARE serious problems later in their marriage, it may help to have one or both of them look at the video of their wedding and the photo albums and *remember their covenant*.

**14. Every couple should cut the word \_\_\_\_\_ out of their dictionary.**

Ref. \_\_\_\_\_

Another word to cut out would be "quit."

# Counseling



## Marriage

Ref. \_\_\_\_\_

Statistics show that in America at least half of the marriages end in divorce. Some statistics show that it may be as much as sixty per-cent.

There are three reasons for the high divorce rate:

- A \_\_\_\_\_ in Biblical influence on the family.
- A decrease in a Biblical standard of \_\_\_\_\_, which consequently brings a decrease in sexual morality.
- A higher percentage of immature people who get married, as well as young people who have no respect for \_\_\_\_\_ - especially the authority of the \_\_\_\_\_  
\_\_\_\_\_.

1. When people are converted and begin to live according to the \_\_\_\_\_, the number of divorces decreases.
2. Choosing the \_\_\_\_\_ \_\_\_\_\_ is as much a key to having a successful marriage as being the right king of mate.
3. One must \_\_\_\_\_ for a successful marriage, as well as \_\_\_\_\_ to work at it after marriage.
4. The institution of marriage \_\_\_\_\_ fails, \_\_\_\_\_ fail.

### MARRIAGE IS A LIFETIME CONTRACT

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_

The following guideline will be helpful in conducting a marriage counseling appointment.

1. **\_\_\_\_\_ the husband and the wife must be present for marriage counseling.**

If only one comes you can counsel that one on how to be a good Christian; but, you can't counsel a two-party problem with only one of the parties there.

2. **You can advise an individual in a troubled marriage how to be a good \_\_\_\_\_.**

You can't counsel them about their marriage problems but you can teach them:

A. **\_\_\_\_\_ to become a better Christian.**

B. **\_\_\_\_\_ good Christians do in his situation.**

C. **Instruct him to read his \_\_\_\_\_ and \_\_\_\_\_, for that is definitely a part of the solution to marriage problems.**

3. **Have a specific \_\_\_\_\_ for a marriage counseling session.**

A. **Assure each that you are not on anyone's side, and that you, and they, should all be on the side of \_\_\_\_\_.**

B. **Tell them that you will talk to each of them \_\_\_\_\_ and then \_\_\_\_\_.**

Take notes while talking to each of them.

C. **Take a minute to look over your \_\_\_\_\_ and then talk to them together.**

D. **Begin the session by trying to repair \_\_\_\_\_.**

4. **Have prepared \_\_\_\_\_ to ask during the session.**

A. **What would you like most to \_\_\_\_\_ about your spouse?**

B. **What would you like most to \_\_\_\_\_ about yourself?**

C. **What would your \_\_\_\_\_ most like to change about you?**

Write their answers on a 3X5 card. His on one side and hers on the other.

Many times they already know what needs to be changed.

**Observations:**

1) **If they know what needs changed, but they refuse to change, then \_\_\_\_\_ has entered into their marriage relationship.**

2) **If they know what needs changed and pride is not the problem, they need the counselor to \_\_\_\_\_ them to solve their problems. \_\_\_\_\_ is their answer.**

5. **Assure them that their problem is not \_\_\_\_\_.**

6. **Offer a prescription for the solution to the problem.**

A. **Ask the wife to \_\_\_\_\_ the prescription as you dictate it.**

B. **Then \_\_\_\_\_ the "prescription."**

You need to be sure the instructions were written down correctly.

C. **Ask both the husband and the wife to promise to \_\_\_\_\_ the "prescription."**

Perhaps even ask both to sign it.

### **PRESCRIPTIONS OFTEN NEEDED BY COUPLES**

- **The \_\_\_\_\_ areas in the relationship need to be divided.**

If need be, you help them decide who will have certain sole responsibilities.

- **The wife should have a given number of \_\_\_\_\_ each week away from the house.**

## Christian Counseling

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- *The married couple should have a weekly \_\_\_\_\_.*
- *The husband should plan regularly scheduled times with each \_\_\_\_\_.*
- 7. *Remind the couple of God's \_\_\_\_\_ for their lives.*
  - Some of God's priorities for a husband and a wife:
    - A. *The husband's top priority is \_\_\_\_\_.* Ref. \_\_\_\_\_
    - B. *The wife's priority is the \_\_\_\_\_.* Ref. \_\_\_\_\_
    - C. *God commands that both the husband and the wife to each work of \_\_\_\_\_.*  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
- 8. *If you feel it is necessary, suggest scheduling a \_\_\_\_\_ - \_\_\_\_\_ appointment.*

Schedule it for a month later. If you feel that it is not necessary, let them know you are available if problems arise in the future.
- 9. *Make sure that no one feels you have been \_\_\_\_\_.*
- 10. *If you have a follow-up appointment, check to see whether or not the prescription is being \_\_\_\_\_.*

If it is not, the couple cannot expect any healing in their relationship.
- 11. *Explain that a husband cannot expect a wife to have a man's \_\_\_\_\_.*  
Ref. \_\_\_\_\_
- 12. *Schedule \_\_\_\_\_ time for the marriage counseling appointment.*

One to two hours would be a reasonable appointment.
- 13. *The four main causes of marital problems.*
  - A. \_\_\_\_\_.
  - B. \_\_\_\_\_ - \_\_\_\_\_.
  - C. *The \_\_\_\_\_ marital relationship.*
  - D. *The \_\_\_\_\_ of children.*  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

## Counseling



### Divorce

Divorce is devastating to all involved; especially the children. And it is a sad fact that divorce does not solve problems; it creates a new set of problems.

- 1. Be prepared to counsel a wife whose husband has \_\_\_\_\_ her.**
  - A. She should never be seen with other \_\_\_\_\_.**

She should strive to remain pure.
  - B. If she has charge of the children, she should give much \_\_\_\_\_ to the children and their rearing.**

She now has extra love that needs to be channeled to her children.
  - C. She should never \_\_\_\_\_ the children's father.**
  - D. She should spend a lot of time \_\_\_\_\_.**

This will keep her available for reconciliation if the spouse come home.
  - E. She should accept his \_\_\_\_\_.**

She should even attempt to communicate frequently with him.
  - F. She should work diligently on the upkeep of her \_\_\_\_\_.**

The atmosphere of cleanliness and neatness will be attractive and tempting to him.
  - G. She shouldn't speak \_\_\_\_\_ concerning her situation to family and friends.**

This will make it easier and more inviting to him should he decide to return.
  - H. She should keep up her personal \_\_\_\_\_.**
  - I. She should read much in her \_\_\_\_\_.**

She should study and meditate on stories of \_\_\_\_\_ in the Bible, such as the story of \_\_\_\_\_ and \_\_\_\_\_. She should also stay faithful to the \_\_\_\_\_ services, as well as in her service to \_\_\_\_\_.
  - J. She should pray and ask God to bring her spouse home as \_\_\_\_\_ as when he left.**

She should also ask God to bring him back as \_\_\_\_\_ as possible.
  - K. She should search her life for anything that would \_\_\_\_\_ the reconciliation.**
  - L. She should seek \_\_\_\_\_ concerning reconciliation.**

She should seek counsel to be ready to establish cordial relations should her husband choose to return.

**2. Be prepared to counsel a husband whose wife has left.**

**A. He should never be seen with other \_\_\_\_\_.** He should strive to remain pure.

**B. If he has charge of the children, he should give much \_\_\_\_\_ to the children and their rearing.**

He now has extra love that needs to be channeled to her children.

**C. He should never \_\_\_\_\_ the children's mother.**

**D. He should spend a lot of time \_\_\_\_\_.**

This will keep him available for reconciliation if the spouse come home.

**E. He should accept her \_\_\_\_\_.**

He should even attempt to communicate frequently with her.

**F. He shouldn't speak \_\_\_\_\_ concerning his situation to family and friends.**

This will make it easier and more inviting to her should he decide to return.

**G. He should keep up his personal \_\_\_\_\_.**

**H. He should read much in his \_\_\_\_\_.**

He should study and meditate on stories of \_\_\_\_\_ in the Bible, such as the story of \_\_\_\_\_ and \_\_\_\_\_. He should also stay faithful to the \_\_\_\_\_ services, as well as in his service to \_\_\_\_\_.

**I. He should pray and ask God to bring his spouse home as \_\_\_\_\_ as when she left.**

He should also ask God to bring her back as \_\_\_\_\_ as possible.

**J. He should search his life for anything that would \_\_\_\_\_ the reconciliation.**

**L. He should seek \_\_\_\_\_ concerning reconciliation.**

He should seek counsel to be ready to establish cordial relations should his wife return.

**3. Have counseling strategies prepared to help those who are \_\_\_\_\_.**

**A. Divorced people are just as \_\_\_\_\_ to God as are married people.**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

**B. A divorced person can still serve God and should be \_\_\_\_\_ to do so.**

Ref. \_\_\_\_\_

**C. A divorced person should be \_\_\_\_\_ to decide about remarriage and should seek Biblical counsel before doing so.** Ref. \_\_\_\_\_

**D. They should behave in a \_\_\_\_\_ manner toward their former spouse.**

Ref. \_\_\_\_\_

**E. They should be advised to think through their previous marital situation and use that experience in \_\_\_\_\_ way to help themselves and others.**

Ref. \_\_\_\_\_

**F. A divorced person should guard against lust and impurity.** Ref. \_\_\_\_\_

**G. A divorced person should be sure his first commitment is to \_\_\_\_\_.**

This time alone without a mate could strengthen his walk with God and his service to God in a tremendous way. Ref. \_\_\_\_\_

Help the divorced person to recommit their lives to Christ. They need someone to believe in them, so ask God for extra wisdom in guiding them through this time of trauma and suffering.



## Counseling



### The Death Of A Mate

Ref. \_\_\_\_\_

The death of a mate can be very devastating, so be prepared to help in this time of loss.

1. *Be prepared to recommend a \_\_\_\_\_.*
2. *Be willing to help in the contacting of \_\_\_\_\_.*
3. *You may need to advise \_\_\_\_\_ in funeral expenses.*
4. *Have a plan to organize people to provide \_\_\_\_\_.*
5. *Help plan the funeral \_\_\_\_\_.*
6. *Let the survivor know immediately of your \_\_\_\_\_.*
7. *Remind the grieving one of your availability at the \_\_\_\_\_.*

In a week or two, once again offer your assistance when visiting. This gives them a sufficient amount of time to want to begin dealing with the changes that must come to their life.

8. *If asked for counsel by a \_\_\_\_\_, discuss the following issues and questions:*
  - A. *Where will you \_\_\_\_\_?*
  - B. *How will the \_\_\_\_\_ of living in the same house affect you?*
  - C. *Is your present house too \_\_\_\_\_ for you?*
  - D. *Can you maintain and care adequately for the house \_\_\_\_\_?*
  - E. *How much \_\_\_\_\_ does your house offer?*
  - F. *Can you \_\_\_\_\_ to stay in your present house?*

If she cannot afford to keep the house, advise her to be careful about who helps her sell it. Perhaps you can suggest a trustworthy realtor or attorney to help her.

9. *Learn about \_\_\_\_\_ and be prepared to help.*
10. *Be prepared to discuss \_\_\_\_\_ settlements and \_\_\_\_\_ investments.*
11. *Study and be knowledgeable about such terms as \_\_\_\_\_, certificates of \_\_\_\_\_, government \_\_\_\_\_, etc.*

Guide them in making decisions concerning proper investments, but **do not be personally involved in any transactions.** After discussing options, simply recommend an \_\_\_\_\_ to help with the legalities.

## Christian Counseling

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12. *Discuss the grieving person's \_\_\_\_\_.*  
A. *Will the survivor need to fill \_\_\_\_\_ time?*  
B. *If the wife is the survivor, will she need part-time or full-time employment to fulfill necessary \_\_\_\_\_?*  
C. *Are there \_\_\_\_\_ at home?*  
If so, \_\_\_\_\_ will need to be discussed.
13. *Find out if the bereaved one needs \_\_\_\_\_.*  
If necessary, help them to find good Christian people for a support group.
14. *Do not force any decision-making; only \_\_\_\_\_.* Ref. \_\_\_\_\_
15. *Advise a grieving widow to discuss your advice with her immediate \_\_\_\_\_.*
16. *Occasionally \_\_\_\_\_ to the bereaved person.*  
Words of \_\_\_\_\_ are always needed after a loss.
17. *Make your presence known by going by the home in a couple of months to assure them of your \_\_\_\_\_.*  
Once again offer your services in any way you can be of help.
18. *Advise the bereaved to make all decisions \_\_\_\_\_ and \_\_\_\_\_ and with \_\_\_\_\_.* Ref. \_\_\_\_\_
19. *Remember, there is nothing \_\_\_\_\_ about grieving the loss of a loved one.*  
Grieving people generally go through five stages of acceptance:  
1) \_\_\_\_\_.  
2) \_\_\_\_\_.  
3) \_\_\_\_\_.  
4) \_\_\_\_\_.  
5) \_\_\_\_\_.

Be aware of these phases of recovery and understand that each is both \_\_\_\_\_ and \_\_\_\_\_. However, grieving is like all other things we do: if it is in excess, then it may become \_\_\_\_\_ or \_\_\_\_\_.

Seek to be as the Holy Spirit- a comforter. Ref. \_\_\_\_\_

NOTE: You could well use some of these 19 guidelines when counseling a \_\_\_\_\_ person as well.

## Counseling



### **Necessary Separation for Married Couples**

Ref. \_\_\_\_\_

Counseling does not always consist of only right and wrong or black and white decisions. Many times decisions are made based upon \_\_\_\_\_, \_\_\_\_\_, or \_\_\_\_\_.

**The following ideas are for those couples who want the very best:**

- 1. *They should not spend an abundance of time with people who are \_\_\_\_\_.***  
They need to be instructed concerning the finding of \_\_\_\_\_ couples with whom to fellowship. Spending too much time with their old single friends can be a temptation to remember their old single days. This is not acceptable.
- 2. *They should not spend an abundance of time with people who were once married but are now \_\_\_\_\_.***  
The disgruntled attitude of the divorced friend can adversely affect their good marriage. It is best for happily married people to fellowship with other happily married people.
- 3. *Saved, fundamental, Baptist married couples should not fellowship with \_\_\_\_\_ couples.***  
Lost people and saved people have nothing in common. Also the scriptural command of separation precludes hanging around with the lost. You can witness to them, to be sure, but do not jeopardize your \_\_\_\_\_ or Christian \_\_\_\_\_ fellowshiping with the lost.
- 4. *Spiritual couples should not fellowship with \_\_\_\_\_ - \_\_\_\_\_ couples.***  
They will pull you down.
- 5. *Advise married couples to not have just \_\_\_\_\_ “best-friend” couple but \_\_\_\_\_ “best-friend” couples.*** Having just one such “best-friend” couple may lead to sexual sin problems.
- 6. *Advise them to be careful to fellowship with married couples their own approximate \_\_\_\_\_.***  
Possible problems that arise when young married couples fellowship with older married couples are: covetousness, and possible attraction toward the older man’s \_\_\_\_\_ by the young woman or the older man being attracted to the \_\_\_\_\_ of the younger woman.

**7. *Married couples should not fellowship with couples who are \_\_\_\_\_.***

This critical attitude, whether toward a spouse or the pastor or other church leadership, could, and probably will be, catching. No good Christian would want that kind of an attitude.

**8. *Married couples who are loyal should not fellowship with couples who seem to be \_\_\_\_\_.***

Peer pressure is something that adults have to contend with just as much as teenagers do. If a loyal couple hangs around with a disloyal couple, the disloyal couple will pull them down.

## Counseling



### Miscarriages

Ref. \_\_\_\_\_

#### Thoughts to help you help the ones that are hurting:

1. *A miscarriage is the loss of a \_\_\_\_\_.*
2. *Even after a miscarriage the woman's body may still "think" it is carrying a \_\_\_\_\_.*  
It may take her body six months to adjust to the loss of her baby.
3. *The mother's grief is not only \_\_\_\_\_.*
4. *Her \_\_\_\_\_ is not as aware of the child's presence after conception as she is.*
5. *When she goes through a miscarriage, she actually goes through the pains of \_\_\_\_\_ labor, with the result being a loss of \_\_\_\_\_.*  
Because there is not a baby to hold after all of this it leaves a very empty feeling for her.
6. *When the miscarriage is a first child, it is more \_\_\_\_\_ to handle.*  
She is plagued with many doubts about her ability to have future children; and these thoughts are tormenting to her.
7. *She may wonder, "Was the loss of the baby \_\_\_\_\_?"*  
Assure her that God has a reason for all that occurs and that \_\_\_\_\_ is not the concern.
8. *She cannot understand how her husband can \_\_\_\_\_ the miscarriage so easily or quickly.*  
He needs to be reminded that her loss is \_\_\_\_\_ to her.  
He needs to be \_\_\_\_\_ and \_\_\_\_\_.
9. *When she is given condolences and sympathy, it usually \_\_\_\_\_ the hurt and \_\_\_\_\_ her of the loss.*  
When showing sympathy make sure that it is appropriate. Remember the father has also had a loss.
10. *Observing Mother's Day can be very \_\_\_\_\_ for the one who has experienced a miscarriage.*  
Acknowledge her loss as the loss of a child; and remind her that she is a mother.  
She just happens to be the mother of a child that is in Jesus' care.
11. *Those who have never experienced a miscarriage never \_\_\_\_\_ understand the loss.*

12. *The mother who bears a stillborn child sees the death of her child in the same way that any other mother who bears a child sees her living child's \_\_\_\_\_.*  
She will always remember that date; and it usually brings a natural mourning.
13. *Those who experience a miscarriage need to be told the baby is not dead but lives now with \_\_\_\_\_ in \_\_\_\_\_.*
14. *Sometimes it takes \_\_\_\_\_ for parents to see anything good as a result of a miscarriage.*  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_
15. *A husband may need \_\_\_\_\_ In order to help his wife through her grief.*  
**Instruct the husband to do the following:**  
A. *He should not \_\_\_\_\_ his wife's emotions concerning the miscarriage.*  
B. *He should \_\_\_\_\_ his wife.*  
C. *He should be \_\_\_\_\_ with her.*  
D. *He should make a note of the \_\_\_\_\_ of the loss.*  
Purpose to remember the baby on that date with your wife.
16. *Neither the husband nor the wife should place \_\_\_\_\_ on each other.*
17. *The shouldn't be afraid to \_\_\_\_\_ to have children.*  
The husband should be \_\_\_\_\_ of her fear of failing; but, they should try again.
18. *Sometimes it is wise to make \_\_\_\_\_ the miscarriage, especially if the pregnancy had been announced.*  
This may stop unnecessary, untimely, and painful \_\_\_\_\_ about the baby.
19. *The couple should find a child to \_\_\_\_\_.*  
This substitution will not replace the child, but it will help to \_\_\_\_\_.
20. *The thoughtful counselor will remind the hurting ones that \_\_\_\_\_.*  
Ref. \_\_\_\_\_

**Read and use, when appropriate, "A DAIRY OF THE UNBORN" on page 279 of the textbook. If that doesn't touch your heart, at least a little, THEN YOU'RE DEAD!**

**Concordance of  
Bible Verses  
by Topic**

**CONCERNING MARRIAGE AND THE  
RELATIONSHIP BETWEEN HUSBAND AND WIFE**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

**CONCERNING MIXED MARRIAGES**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_

**CONCERNING DIVORCE**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_

**CONCERNING THE TRAINING OF ONE'S CHILDREN**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_

**CONCERNING ADULTERY**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_



**CONCERNING THE WORK ETHIC**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

**CONCERNING SEXUAL PROMISCUITY AND IMMORALITY**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

**CONCERNING MARRIAGE AND THE INTIMATE LIFE**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

**CONCERNING LUST AND ONE'S EVIL  
DESIRES AND TEMPTATIONS**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_

**CONCERNING ALCOHOL, DRUNKENNESS, OR DRUG ABUSE**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

**SODOMY**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_

**COMFORTING GOD’S PEOPLE**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

**CONCERNING CHILDREN OF OUR YOUTH**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
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Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_

**IN THE AREA OF SELF-CONTROL AND CHARACTER**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
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Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

**CONCERNING FAITH**

Ref. _____	Ref. _____	Ref. _____
Ref. _____	Ref. _____	Ref. _____
Ref. _____	Ref. _____	Ref. _____
Ref. _____	Ref. _____	

**CONCERNING OUR TREATMENT OF OTHERS**

Ref. _____	Ref. _____	Ref. _____
Ref. _____	Ref. _____	Ref. _____
Ref. _____	Ref. _____	Ref. _____
Ref. _____	Ref. _____	Ref. _____
Ref. _____	Ref. _____	Ref. _____

**CONCERNING MONEY AND OUR GIVING**

Ref. _____	Ref. _____	Ref. _____
Ref. _____	Ref. _____	Ref. _____
Ref. _____	Ref. _____	Ref. _____
Ref. _____	Ref. _____	Ref. _____
Ref. _____	Ref. _____	Ref. _____
Ref. _____		

**CONCERNING PEOPLE WHO ARE CRITICAL**

Ref. _____	Ref. _____	Ref. _____
Ref. _____	Ref. _____	Ref. _____
Ref. _____	Ref. _____	Ref. _____
Ref. _____	Ref. _____	

**CONCERNING OUR TRIALS**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

**CONCERNING BITTERNESS**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_

**CONCERNING OUR NEED FOR FORGIVING OTHERS**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

**CONCERNING GOD’S FORGIVENESS TO US**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

**CONCERNING THE OVERCOMING OF SIN**

Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_ Ref. \_\_\_\_\_  
Ref. \_\_\_\_\_ Ref. \_\_\_\_\_

# ADDENDUM

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801-964-2888

# MARRIAGE COUNSELING - INITIAL VISIT

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Counselor: \_\_\_\_\_

## Questions

## Answers

	<b>HERS</b>	<b>HIS</b>
1. Why are you here?	1.	1.
2. What do you hope to accomplish?	2.	2.
3. Will you do whatever God says?	3.	3.
4. Will you follow through with the counsel I give you?	4.	4.
5. What one thing would you change about your mate?	5.	5.
6. What one thing would you change about yourself?	6.	6.
7. What one thing would your spouse like to change about you?	7.	7.
8.	8.	8.

<b>About Her</b>	<b>Comments / observations</b>	<b>About Him</b>

## Prescription

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**MARRIAGE COUNSELING - VISIT # \_\_\_\_\_**

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Counselor:** \_\_\_\_\_

**Questions**

**Answers**

	<b>HERS</b>	<b>HIS</b>
1. Why are you here?	1.	1.
2. What do you hope to accomplish?	2.	2.
3. Will you do whatever God says?	3.	3.
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<b>About Her</b>	<b>Comments / observations</b>	<b>About Him</b>

**Prescription**

## COUNSELING - INITIAL VISIT

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Counselor: \_\_\_\_\_

**Questions**

**Answers**

	<b>HERS</b>	<b>HIS</b>
1. Why are you here?	1.	1.
2. What do you hope to accomplish?	2.	2.
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8.	8.	8.

About Her	Comments / observations	About Him

**Prescription**



**COUNSELING - VISIT # \_\_\_\_\_**

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Counselor:** \_\_\_\_\_

**Questions**

**Answers**

	<b>HERS</b>	<b>HIS</b>
1. Why are you here?	1.	1.
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<b>About Her</b>	<b>Comments / observations</b>	<b>About Him</b>

**Prescription**