

LESSON FOUR

INSTRUCTIONS

Attendance:

Required minimum Attendance per Lesson is 3 weeks.

- This is what you enter on your Begin and Finish Sign In and other forms.
- Some lessons will take more than 3 weeks.

(This requirement means that you must spend at least 3 hours, minimum 1 hour per week for 3 weeks, studying each lesson. This is the minimum of study time required per lesson. You will be asked in the lesson tests if you have met this requirement.)

Required minimum Attendance for the course is 20 weeks.

This is what you enter on your Begin and Finish Sign In and other forms.

Study Instructions:

1. Open the text book on your computer screen.
2. Open the workbook on your computer screen.
 - You can study the textbook and the workbook side by side on your screen by shrinking each one so you can view them both at the same time.
 - There are blanks in the workbook which you cannot fill in on the online workbook.
You have two choices:
 - a. You can fill in the blanks on a sheet of paper while you study the workbook and textbook.
 - b. Or you can print the workbook and fill in the blanks on the printed copy.
3. At the end of each section is a test button that you will click to return to the course main page and take the corresponding Lesson test.
The Lesson tests are listed on the course main page.
4. You must read every scripture referenced in the textbook and in the workbook in your KJV.
Reading the scriptures quoted in the textbook is not sufficient to meet this requirement. To meet the requirement you must look up and read, in your KJV, every scripture referenced in the textbook and the workbook.

All lesson tests in this course are closed book unless otherwise indicated.

You must submit a Closed Book Test Contract form in order to receive the Password for each test.

Counseling On Marriage

*“People need to be reminded more
than they need to be instructed.”*

Unknown

Counseling



Before An Engagement

Ref. _____

1. *They must seek _____ will concerning a prospective mate.*
Ref. _____
2. *The prospective mate must be _____.*
Ref. _____ Ref. _____
3. *A prospective mate must value the _____.*
Ref. _____ Ref. _____
4. *The prospective mate should be _____ and _____.*
Ref. _____ Ref. _____ Ref. _____
5. *They should be _____ - _____ and _____ - _____.*
Ref. _____ Ref. _____ Ref. _____
6. *It is desirable that the prospective mate have good _____ and a good _____.*
7. *The prospective mate should have good _____.*
Ref. _____
8. *The prospective mate should be _____ and _____.*
Ref. _____ The wearing of clean clothes usually indicates a clean person.
The testimony of your future family has to be considered here.
9. *The prospective mate should see marriage as a _____ agreement.*
Ref. _____

These guidelines should be followed; but, it does not mean that the prospective mate will fit every category. However, if every person carefully seeking God's will in choosing the right mate will follow these guidelines, he will be greatly helped.

Counseling



During the Engagement

1. **Instruct them from the beginning that there is no such thing as a _____ marriage.**
Ref. _____ We are all sinners; therefore, we need to be the best imperfect people we can be. Since we are all imperfect, the engaged couple need to learn to practice perfect patience and perfect longsuffering.
2. **About one _____ before the wedding, the couple should meet with you for a two-hour premarital counseling session.**
Sooner than that is unwise because of the sensitivity of some of the topics covered.
3. **Premarital counseling should be going on from the time a person is an _____.**
From the time they are born they begin learning about marriage from their parents. They simply cannot learn everything they need to know about marriage in a two-hour session. The purpose of the session is to help them with the honeymoon and give them some practical guidelines to get them started out right.
4. **During that session discuss the four main causes of marital problems.**
 - A. _____. Ref. _____
 - B. ____ - _____. Ref. _____
 - C. **The _____ marital life.** Ref. _____
If problems do arise in this area after they are married, counsel them that they need to seek counsel immediately.
 - D. **The _____ of children.** Ref. _____
They need to make advance preparations to avoid the possibility of this problem arising in the future. They need to decide ahead of time that they will follow God's plan in this area of their life; just like they should in every area of their marriage.

They need to think it not strange if problems arise in any of these four areas; but, they also need to know that if it does, they need to deal with these problems immediately and seek help when needed.
5. **Talk with them about the wisdom of having no children for _____ years.**
They need time to adjust to one another before another life becomes part of the equation. It would be better for them and better for the child. Ref. _____
[NOTE: You must decide how you personally feel about birth control before you consider whether or not you would suggest a three year wait to the newlyweds.]

Christian Counseling

6. Read and explain _____.

They are under obligation, according to God's Word to be submissive one to another in the sexual part of their intimacy. They are to fulfil one another's needs.

7. Counsel them to never refuse each other's romantic _____.

Ref. _____

8. When necessary, they should seek counsel about their _____ life.

Ref. _____ Many men don't want to seek counsel in this area because of their pride. If a couple does come seeking counsel in this area (advise them before the marriage that they should if such problems do arise) maybe you can counsel him and your wife can counsel her.

9. Remind them that you will always be _____ when needed.

Ref. _____

10. The newlyweds should read books on _____.

Find a good one, or ones, and give them assignments to read..

11. Both the husband and the wife should have an attractive _____.

Ref. _____ Ref. _____

12. The newlyweds need to be careful about _____.

13. A couple should make big of their _____ date. Ref. _____

If there ARE serious problems later in their marriage, it may help to have one or both of them look at the video of their wedding and the photo albums and *remember their covenant*.

14. Every couple should cut the word _____ out of their dictionary.

Ref. _____

Another word to cut out would be "quit."

Counseling



Marriage

Ref. _____

Statistics show that in America at least half of the marriages end in divorce. Some statistics show that it may be as much as sixty per-cent.

There are three reasons for the high divorce rate:

- A _____ in Biblical influence on the family.
- A decrease in a Biblical standard of _____, which consequently brings a decrease in sexual morality.
- A higher percentage of immature people who get married, as well as young people who have no respect for _____ - especially the authority of the _____
_____.

1. **When people are converted and begin to live according to the _____, the number of divorces decreases.**
2. **Choosing the _____ is as much a key to having a successful marriage as being the right king of mate.**
3. **One must _____ for a successful marriage, as well as _____ to work at it after marriage.**
4. **The institution of marriage _____ fails, _____ fail.**

MARRIAGE IS A LIFETIME CONTRACT

Ref. _____ Ref. _____ Ref. _____
Ref. _____

The following guideline will be helpful in conducting a marriage counseling appointment.

1. _____ *the husband and the wife must be present for marriage counseling.*

If only one comes you can counsel that one on how to be a good Christian; but, you can't counsel a two-party problem with only one of the parties there.

2. *You can advise an individual in a troubled marriage how to be a good _____.*

You can't counsel them about their marriage problems but you can teach them:

A. _____ *to become a better Christian.*

B. _____ *good Christians do in his situation.*

C. *Instruct him to read his _____ and _____, for that is definitely a part of the solution to marriage problems.*

3. *Have a specific _____ for a marriage counseling session.*

A. *Assure each that you are not on anyone's side, and that you, and they, should all be on the side of _____.*

B. *Tell them that you will talk to each of them _____ and then _____.*

Take notes while talking to each of them.

C. *Take a minute to look over your _____ and then talk to them together.*

D. *Begin the session by trying to repair _____.*

4. *Have prepared _____ to ask during the session.*

A. *What would you like most to _____ about your spouse?*

B. *What would you like most to _____ about yourself?*

C. *What would your _____ most like to change about you?*

Write their answers on a 3X5 card. His on one side and hers on the other.

Many times they already know what needs to be changed.

Observations:

1) *If they know what needs changed, but they refuse to change, then _____ has entered into their marriage relationship.*

2) *If they know what needs changed and pride is not the problem, they need the counselor to _____ them to solve their problems. _____ is their answer.*

5. *Assure them that their problem is not _____.*

6. *Offer a prescription for the solution to the problem.*

A. *Ask the wife to _____ the prescription as you dictate it.*

B. *Then _____ the "prescription."*

You need to be sure the instructions were written down correctly.

C. *Ask both the husband and the wife to promise to _____ the "prescription."*

Perhaps even ask both to sign it.

PRESCRIPTIONS OFTEN NEEDED BY COUPLES

- *The _____ areas in the relationship need to be divided.*

If need be, you help them decide who will have certain sole responsibilities.

- *The wife should have a given number of _____ each week away from the house.*

Christian Counseling

- *The married couple should have a weekly _____.*
- *The husband should plan regularly scheduled times with each _____.*
- 7. *Remind the couple of God's _____ for their lives.*
 - Some of God's priorities for a husband and a wife:**
 - A. *The husband's top priority is _____.* Ref. _____
 - B. *The wife's priority is the _____.* Ref. _____
 - C. *God commands that both the husband and the wife to each work of _____.*
Ref. _____ Ref. _____
- 8. *If you feel it is necessary, suggest scheduling a _____-_____ appointment.*
Schedule it for a month later. If you feel that it is not necessary, let them know you are available if problems arise in the future.
- 9. *Make sure that no one feels you have been _____.*
- 10. *If you have a follow-up appointment, check to see whether or not the prescription is being _____.*
If it is not, the couple cannot expect any healing in their relationship.
- 11. *Explain that a husband cannot expect a wife to have a man's _____.*
Ref. _____
- 12. *Schedule _____ time for the marriage counseling appointment.*
One to two hours would be a reasonable appointment.
- 13. *The four main causes of marital problems.*
 - A. _____.
 - B. _____-_____.
 - C. *The _____ marital relationship.*
 - D. *The _____ of children.*
Ref. _____ Ref. _____

Counseling



Divorce

Divorce is devastating to all involved; especially the children. And it is a sad fact that divorce does not solve problems; it creates a new set of problems.

- 1. Be prepared to counsel a wife whose husband has _____ her.**
 - A. She should never be seen with other _____.**

She should strive to remain pure.
 - B. If she has charge of the children, she should give much _____ to the children and their rearing.**

She now has extra love that needs to be channeled to her children.
 - C. She should never _____ the children's father.**
 - D. She should spend a lot of time _____.**

This will keep her available for reconciliation if the spouse come home.
 - E. She should accept his _____.**

She should even attempt to communicate frequently with him.
 - F. She should work diligently on the upkeep of her _____.**

The atmosphere of cleanliness and neatness will be attractive and tempting to him.
 - G. She shouldn't speak _____ concerning her situation to family and friends.**

This will make it easier and more inviting to him should he decide to return.
 - H. She should keep up her personal _____.**
 - I. She should read much in her _____.**

She should study and meditate on stories of _____ in the Bible, such as the story of _____ and _____. She should also stay faithful to the _____ services, as well as in her service to _____.
 - J. She should pray and ask God to bring her spouse home as _____ as when he left.**

She should also ask God to bring him back as _____ as possible.
 - K. She should search her life for anything that would _____ the reconciliation.**
 - L. She should seek _____ concerning reconciliation.**

She should seek counsel to be ready to establish cordial relations should her husband choose to return.

2. Be prepared to counsel a husband whose wife has left.

A. He should never be seen with other _____. He should strive to remain pure.

B. If he has charge of the children, he should give much _____ to the children and their rearing.

He now has extra love that needs to be channeled to her children.

C. He should never _____ the children's mother.

D. He should spend a lot of time _____.

This will keep him available for reconciliation if the spouse come home.

E. He should accept her _____.

He should even attempt to communicate frequently with her.

F. He shouldn't speak _____ concerning his situation to family and friends.

This will make it easier and more inviting to her should he decide to return.

G. He should keep up his personal _____.

H. He should read much in his _____.

He should study and meditate on stories of _____ in the Bible, such as the story of _____ and _____. He should also stay faithful to the _____ services, as well as in his service to _____.

I. He should pray and ask God to bring his spouse home as _____ as when she left.

He should also ask God to bring her back as _____ as possible.

J. He should search his life for anything that would _____ the reconciliation.

L. He should seek _____ concerning reconciliation.

He should seek counsel to be ready to establish cordial relations should his wife return.

3. Have counseling strategies prepared to help those who are _____.

A. Divorced people are just as _____ to God as are married people.

Ref. _____ Ref. _____

B. A divorced person can still serve God and should be _____ to do so.

Ref. _____

C. A divorced person should be _____ to decide about remarriage and should seek Biblical counsel before doing so. Ref. _____

D. They should behave in a _____ manner toward their former spouse.

Ref. _____

E. They should be advised to think through their previous marital situation and use that experience in _____ way to help themselves and others.

Ref. _____

F. A divorced person should guard against lust and impurity. Ref. _____

G. A divorced person should be sure his first commitment is to _____.

This time alone without a mate could strengthen his walk with God and his service to God in a tremendous way. Ref. _____

Help the divorced person to recommit their lives to Christ. They need someone to believe in them, so ask God for extra wisdom in guiding them through this time of trauma and suffering.

Counseling



The Death Of A Mate

Ref. _____

The death of a mate can be very devastating, so be prepared to help in this time of loss.

1. *Be prepared to recommend a _____.*
2. *Be willing to help in the contacting of _____.*
3. *You may need to advise _____ in funeral expenses.*
4. *Have a plan to organize people to provide _____.*
5. *Help plan the funeral _____.*
6. *Let the survivor know immediately of your _____.*
7. *Remind the grieving one of your availability at the _____.*

In a week or two, once again offer your assistance when visiting. This gives them a sufficient amount of time to want to begin dealing with the changes that must come to their life.

8. *If asked for counsel by a _____, discuss the following issues and questions:*
 - A. *Where will you _____?*
 - B. *How will the _____ of living in the same house affect you?*
 - C. *Is your present house too _____ for you?*
 - D. *Can you maintain and care adequately for the house _____?*
 - E. *How much _____ does your house offer?*
 - F. *Can you _____ to stay in your present house?*

If she cannot afford to keep the house, advise her to be careful about who helps her sell it. Perhaps you can suggest a trustworthy realtor or attorney to help her.

9. *Learn about _____ and be prepared to help.*
10. *Be prepared to discuss _____ settlements and _____ investments.*
11. *Study and be knowledgeable about such terms as _____, _____, certificates of _____, government _____, etc.*

Guide them in making decisions concerning proper investments, but **do not be personally involved in any transactions.** After discussing options, simply recommend an _____ to help with the legalities.

Christian Counseling

12. **Discuss the grieving person's _____.**
A. **Will the survivor need to fill _____ time?**
B. **If the wife is the survivor, will she need part-time or full-time employment to fulfill necessary _____?**
C. **Are there _____ at home?**
If so, _____ will need to be discussed.
13. **Find out if the bereaved one needs _____.**
If necessary, help them to find good Christian people for a support group.
14. **Do not force any decision-making; only _____.** Ref. _____
15. **Advise a grieving widow to discuss your advice with her immediate _____**
_____.
16. **Occasionally _____ to the bereaved person.**
Words of _____ are always needed after a loss.
17. **Make your presence known by going by the home in a couple of months to assure them of your _____.**
Once again offer your services in any way you can be of help.
18. **Advise the bereaved to make all decisions _____ and _____ and with _____.** Ref. _____
19. **Remember, there is nothing _____ about grieving the loss of a loved one.**
Grieving people generally go through five stages of acceptance:
1) _____.
2) _____.
3) _____.
4) _____.
5) _____.

Be aware of these phases of recovery and understand that each is both _____ and _____. However, grieving is like all other things we do: if it is in excess, then it may become _____ or _____.

Seek to be as the Holy Spirit- a comforter. Ref. _____

NOTE: You could well use some of these 19 guidelines when counseling a _____ person as well.

Counseling



Necessary Separation for Married Couples

Ref. _____

Counseling does not always consist of only right and wrong or black and white decisions. Many times decisions are made based upon _____, _____, or _____.

The following ideas are for those couples who want the very best:

- 1. They should not spend an abundance of time with people who are _____.**
They need to be instructed concerning the finding of _____ couples with whom to fellowship. Spending too much time with their old single friends can be a temptation to remember their old single days. This is not acceptable.
- 2. They should not spend an abundance of time with people who were once married but are now _____.**
The disgruntled attitude of the divorced friend can adversely affect their good marriage. It is best for happily married people to fellowship with other happily married people.
- 3. Saved, fundamental, Baptist married couples should not fellowship with _____ couples.**
Lost people and saved people have nothing in common. Also the scriptural command of separation precludes hanging around with the lost. You can witness to them, to be sure, but do not jeopardize your _____ or Christian _____ fellowshiping with the lost.
- 4. Spiritual couples should not fellowship with _____ - _____ couples.**
They will pull you down.
- 5. Advise married couples to not have just _____ "best-friend" couple but _____ "best-friend" couples.** Having just one such "best-friend" couple may lead to sexual sin problems.
- 6. Advise them to be careful to fellowship with married couples their own approximate _____.**
Possible problems that arise when young married couples fellowship with older married couples are: covetousness, and possible attraction toward the older man's _____ by the young woman or the older man being attracted to the _____ of the younger woman.

7. *Married couples should not fellowship with couples who are _____.*

This critical attitude, whether toward a spouse or the pastor or other church leadership, could, and probably will be, catching. No good Christian would want that kind of an attitude.

8. *Married couples who are loyal should not fellowship with couples who seem to be _____.*

Peer pressure is something that adults have to contend with just as much as teenagers do. If a loyal couple hangs around with a disloyal couple, the disloyal couple will pull them down.

Counseling



Miscarriages

Ref. _____

Thoughts to help you help the ones that are hurting:

1. *A miscarriage is the loss of a _____.*
2. *Even after a miscarriage the woman's body may still "think" it is carrying a _____.*
It may take her body six months to adjust to the loss of her baby.
3. *The mother's grief is not only _____.*
4. *Her _____ is not as aware of the child's presence after conception as she is.*
5. *When she goes through a miscarriage, she actually goes through the pains of _____ labor, with the result being a loss of _____.*
Because there is not a baby to hold after all of this it leaves a very empty feeling for her.
6. *When the miscarriage is a first child, it is more _____ to handle.*
She is plagued with many doubts about her ability to have future children; and these thoughts are tormenting to her.
7. *She may wonder, "Was the loss of the baby _____?"*
Assure her that God has a reason for all that occurs and that _____ is not the concern.
8. *She cannot understand how her husband can _____ the miscarriage so easily or quickly.*
He needs to be reminded that her loss is _____ to her.
He needs to be _____ and _____.
9. *When she is given condolences and sympathy, it usually _____ the hurt and _____ her of the loss.*
When showing sympathy make sure that it is appropriate. Remember the father has also had a loss.
10. *Observing Mother's Day can be very _____ for the one who has experienced a miscarriage.*
Acknowledge her loss as the loss of a child; and remind her that she is a mother.
She just happens to be the mother of a child that is in Jesus' care.
11. *Those who have never experienced a miscarriage never _____ understand the loss.*

12. *The mother who bears a stillborn child sees the death of her child in the same way that any other mother who bears a child sees her living child's _____.*
She will always remember that date; and it usually brings a natural mourning.
13. *Those who experience a miscarriage need to be told the baby is not dead but lives now with _____ in _____.*
14. *Sometimes it takes _____ for parents to see anything good as a result of a miscarriage.*
Ref. _____ Ref. _____
15. *A husband may need _____ In order to help his wife through her grief.*
Instruct the husband to do the following:
A. *He should not _____ his wife's emotions concerning the miscarriage.*
B. *He should _____ his wife.*
C. *He should be _____ with her.*
D. *He should make a note of the _____ of the loss.*
Purpose to remember the baby on that date with your wife.
16. *Neither the husband nor the wife should place _____ on each other.*
17. *The shouldn't be afraid to _____ to have children.*
The husband should be _____ of her fear of failing; but, they should try again.
18. *Sometimes it is wise to make _____ the miscarriage, especially if the pregnancy had been announced.*
This may stop unnecessary, untimely, and painful _____ about the baby.
19. *The couple should find a child to _____.*
This substitution will not replace the child, but it will help to _____.
20. *The thoughtful counselor will remind the hurting ones that _____.*
Ref. _____

Read and use, when appropriate, "A DAIRY OF THE UNBORN" on page 279 of the textbook. If that doesn't touch your heart, at least a little, THEN YOU'RE DEAD!